

Cuddle® Basics

IF THIS IS YOUR FIRST TIME with Cuddle®—or your tenth!—these simple guidelines will make your sewing experience a pleasure.

1. Seam allowances are ½" unless otherwise noted.
2. Mark measurements on the wrong side of Cuddle® with a felt tip marker or ballpoint pen.
3. Cut Cuddle® with a rotary cutter, craft knife, or micro-serrated scissors.
4. Shake cut pieces or put in a no-heat dryer with a damp washcloth for a few minutes to remove loose fibers.
5. Sew with polyester thread in the top and the bobbin.
6. Reduce presser foot pressure when sewing multiple layers.
7. Increase stitch length to 3–4 mm.
8. Double pin by using 2 rows of pins—the first row every 1½" along the seam line and a second row 1" to the left and parallel to the cut edge.
9. Backstitch at the beginning and end of each seam.
10. If possible, use a walking foot. It makes a difference!

- Suggested Tools for Working with Cuddle®
- Machine needle: 90/14 stretch needle
- Polyester thread
- Felt tip marker
- Ballpoint pen
- Rotary cutter and mat
- Micro-serrated scissors
- Craft knife
- Long, flower head pins
- Fabric clips
- Stiletto
- Point turner
- Basting spray
- Walking foot

How to Wash Cuddle®

- Machine wash on gentle with cool water. (Do not use fabric softener!)
- Machine dry on low heat for about ten minutes.
- Hang until dry.



Honor your hero!

This Patchwork Panel pattern can be adapted to use for any Cuddle® panel print. Consider these options or design your own.

Hero Nurses



Panel Nurse Cuddle® Iris
 Fabric A Heart Hues Cuddle® Multi
 Fabric B Solid Cuddle® Iris
 Fabric C Luxe Cuddle® Hide Viola

Hero Teachers



Panel Teachers Cuddle® Multi
 Fabric A Alotta Dots Cuddle® Multi
 Fabric B Dimple Cuddle® Sunshine
 Fabric C Cuddle® Lake

Hero Firefighters



Panel Firefighter Cuddle® Scarlet
 Fabric A Alotta Dots Cuddle® Graphite
 Fabric B Solid Cuddle® Scarlet
 Fabric C Luxe Cuddle® Hide Caviar

Hero Police Officers



Panel Police Cuddle® Blue Line
 Fabric A Liberty Stars Ink
 Fabric B Cuddle® Black
 Fabric C Cuddle® Hide Scarlet

Patchwork Panel Blanket

Approximate Finished Size: 42" x 57"

DIRECTIONS

- Read *Cuddle® Basics* before beginning.
- Fabrics are referred to as Center Panel, Fabric A, Fabric B, and Fabric C

Cutting

Using *Cuddle® Panel*

1. If necessary, trim print panel to:
 - 1 (30" x 45"), *Center Panel*.
2. From Fabric A, cut:
 - 1 (45" x 60"), *Backing*.
 - 4 (7½" x 7½"), *Corner Blocks*.

Using *Cuddle®* or *Luxe Cuddle®*

1. From Fabric B, cut:
 - 2 (4½" x 45"), *Inner Side Borders*.
 - 2 (4½" x 30"), *Inner Top/Bottom Borders*.
2. From Fabric C, cut:
 - 2 (3½" x 45"), *Outer Side Borders*.
 - 2 (3½" x 30"), *Outer Top/Bottom Borders*.
 - 4 (1¾" x WOF*), *Binding*.

Assembly

Add batting, optional

Note: Use batting for the entire blanket or simply behind the Center Panel. While optional, batting is recommended if quilting the Center Panel.

BATTING THE ENTIRE BLANKET

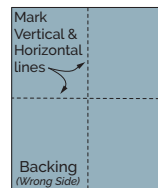
- Smooth batting over backing. Spray baste to adhere. Batting/backing will be referred to as "Backing."

BATTING THE CENTER PANEL

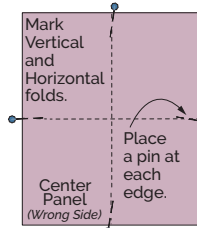
- Smooth Center Panel over a section of batting. Spray baste. Trim batting to edges of the Panel. Batting/panel will be referred to as "Center Panel."

Place the Center Panel

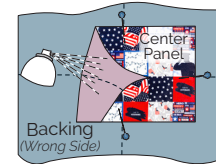
1. Fold Backing in half both horizontally and vertically. Mark both folds all the way to the edges.



2. Also fold the Center Panel in half vertically and horizontally. Mark the folds at the edges. Pin at the marks.



3. With wrong sides together and matching pins to marks on the Backing, center Panel on Backing.
4. Fold the Center Panel in half and spray baste. Smooth it onto the Backing. Repeat on the other half. Remove pins.



Quilt the Center Panel

1. Increase stitch length to 4mm.
2. Using polyester thread and a 90/14 stretch needle, quilt the Center Panel to the Backing along the interior panel square lines.

Note: Do not sew the perimeter. It will be stitched down as the borders are attached.

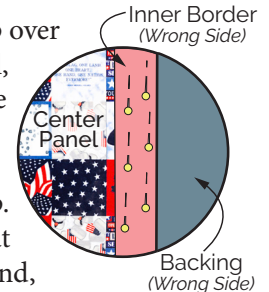
Add Side Borders

Note: Blanket is assembled using the Stitch+Flip Method—Center Panel and Borders are sewn directly to the Backing all in one step.

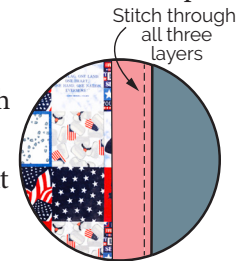
1. Place a 4½" Fabric B Inner Side Border strip, right side up, along right edge of Center Panel.



2. Flip the strip over Center Panel, matching the raw edges of the Panel and the Strip. Double pin at beginning, end, and center of the strip—then double pin remainder of the strip.



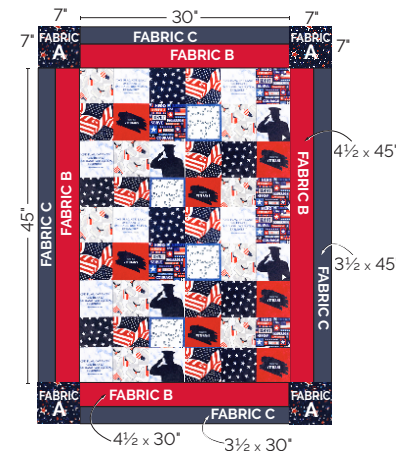
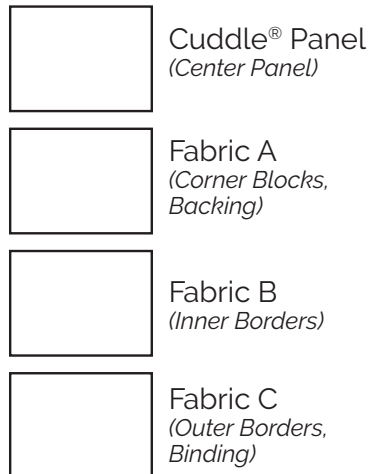
3. Sew the Inner Border strip—stitching through all three layers.



4. Using parchment paper to protect right side of Panel, spray the wrong side of the Fabric B strip. Flip strip over. Smooth onto Backing.
5. Next, sew other Fabric B Inner Side Border to left side of Panel.
6. With naps running in the same direction, sew 3½" Fabric C Outer Side Borders to the right and left sides of the Fabric A strips.

FABRIC NOTES

It's helpful to jot down your fabric choices to keep on track as you assemble the blanket. Here's the spot to do it! Pin actual fabric samples or color in the blocks to stay organized.



Assembly Diagram

Pre-assemble Top + Bottom Borders
Note: The Top and Bottom Borders are pre-assembled with the Corner Blocks, then added to the blanket.

1. For Top Border, sew a Fabric C Outer Top Border strip to the top edge of a Fabric B Top Border strip. Have naps going down.
2. With naps going down, add 7" Fabric A squares to each end.



3. For Bottom Border, sew a Fabric C Outer Bottom Border to the lower edge of a Fabric B Inner Bottom Border. Have naps going in the same direction.

Note: Take care to reverse Fabric B and Fabric C Border strips so that all the Fabric B strips will be next to the Center Panel.

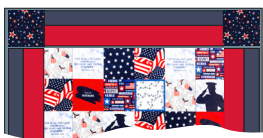
4. Add 7" Fabric A squares to each end, naps going down.



Add the Top + Bottom Border

Note: The process to attach the pieced Top and Bottom Borders is the same as used to attach the Side Borders.

1. Place pieced Top Border, right side up, along upper edge of the Center Panel. Have naps run in the same direction.



2. Flip strip down. Match end squares with side borders. Double pin at the beginning, end, and center of the strip—then double pin the remainder.
3. Sew the Strip—stitching through all three layers.
4. Using parchment paper to protect the right side of the blanket, spray the wrong side of the pieced strip. Flip the strip up and smooth it onto the Backing.
5. In the same manner, add the pieced Bottom Border to the lower edge.

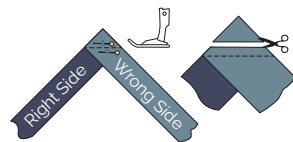


6. Trim the batting to the edge of the blanket, if necessary.

Binding

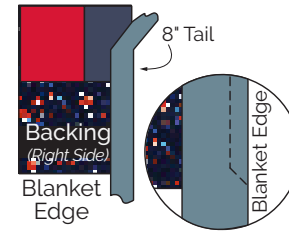
1. Pin Binding strips, right sides together, on the diagonal. Sew between the pins. Trim each seam allowance to 1/2".

Note: Have the nap of Binding strips go in the same direction.

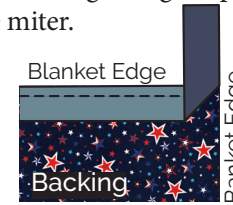


2. Starting halfway down one side and leaving an 8" tail, pin the right side of the Binding strip to the Backing.

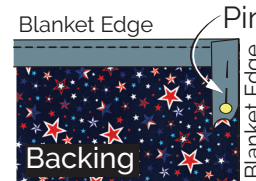
3. Using a 1/2" seam allowance, sew the Binding strip until 1/2" from corner. Stop with needle down.



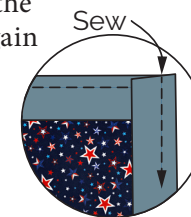
4. Lift the presser foot and pivot the blanket. Sew to the blanket edge at a 45° angle. Remove the blanket and clip the threads.
5. Rotate blanket counterclockwise. Fold the Binding straight up to form the miter.



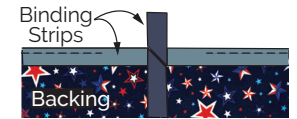
6. Maintaining the miter, fold strip down to align with the next edge. Pin at the corner.



7. Starting at the miter, sew the Binding to the second edge, again stopping 1/2" before the corner. Create another miter.

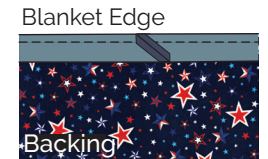


8. Continue in this manner until 8" from the start.
9. Where the strips meet, fold the Binding tails at 45° angles. Mark the folds.



10. Pin, then sew along the marked lines. Trim seam to 1/2".

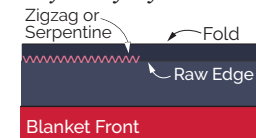
11. Sew the final portion of the Binding to the blanket edge.



12. Flip blanket so the front side is up. Fold Binding snugly over to the front. Match raw edge of Binding to previous stitching. Use fabric clips to hold Binding in place.

13. Topstitch on right side, using a 4x4mm zigzag or serpentine stitch.

Note: Stitch with needle coming down just left of the raw edge.



14. To soften the edge, use a stiletto to fluff fibers from topstitching.