

B is for Bear Quilt

A READ-TO-ME CUDDLE® QUILT

Approximate Finished Size: 39" x 39"

It's a book on a bed! Clever animals make the shapes of the alphabet—and are cute and cozy as well. Stitch-and-Flip construction makes this a satisfying project, even for the novice!

Fabric Requirements

- B is for Bear Digital Cuddle® Panel, *Front Squares*
- 1¾ yards, Luxe Cuddle® Glacier Simply Taupe, *Sashing, Backing*
- ¼ yard, Luxe Cuddle® Snowy Owl Natural, *Binding*

Suggested Notions

- Crib-size batting
- 90/14 stretch machine needle
- Polyester thread
- Felt tip marker or ballpoint pen
- Rotary cutter and mat
- Micro-serrated scissors and/or craft knife
- Long, flower head pins
- Fabric clips
- Stiletto
- Basting spray
- Parchment paper or newsprint, *to prevent overspray*
- Walking foot

For the Bonus Pillow

- Polyester stuffing or 15" x 15" pillow insert
- Double-sided ¼" basting tape
- 12" zipper

Also on the cover: Mitch the Monkey from Funky Friends Factory



For a tutorial on making a Patchwork Cuddle® Quilt, scan the QR code or go to: <https://bit.ly/46T SZGX>

Shannon
FABRICS
Making The World A Softer Place™

The information in this pattern is presented in good faith. Every effort has been taken to assure the accuracy herein.

© 2023 Shannon Fabrics Inc., 3131 S. Alameda St., Los Angeles, CA 90058
info@shannonfabrics.com | www.shannonfabrics.com | 866.624.5252

155.BIFBQ

Shannon
FABRICS
Making The World A Softer Place™

B is for Bear Quilt

A READ-TO-ME CUDDLE® QUILT



BONUS
Pillow Pattern

Cuddle® Basics

IF THIS IS YOUR FIRST TIME working with Cuddle®—or your tenth!—these simple guidelines will make your sewing experience a pleasure.

1. Seam allowances are ½" unless otherwise noted.
2. Mark measurements on the wrong side of Cuddle® with a felt tip marker or ballpoint pen.
3. Cut Cuddle® with a rotary cutter, craft knife, or micro-serrated scissors.
4. Shake cut pieces or put in a no-heat dryer with a damp washcloth for a few minutes to remove loose fibers.
5. Sew with polyester thread in the top and the bobbin.
6. Reduce presser foot pressure when sewing multiple layers.
7. Increase stitch length to 3–4 mm.
8. Double pin by using 2 rows of pins—the first row every 1½" along the seam line and a second row 1" to the left and parallel to the cut edge.
9. Backstitch at the beginning and end of each seam.
10. If possible, use a walking foot. It makes a difference!

Suggested Tools for Working with Cuddle®

- Machine needle: 90/14 stretch needle
- Polyester thread
- Felt tip marker
- Ballpoint pen
- Rotary cutter and mat
- Micro-serrated scissors
- Craft knife
- Long, flower head pins
- Fabric clips
- Stiletto
- Point turner
- Basting spray
- Walking foot

How to Wash Cuddle®

- Machine wash on gentle with cool water. (Do not use fabric softener!)
- Machine dry on low heat for about ten minutes.
- Hang until dry.



B is for Bear Quilt

A READ-TO-ME CUDDLE® QUILT
Approximate Finished Size: 39" x 39"

DIRECTIONS

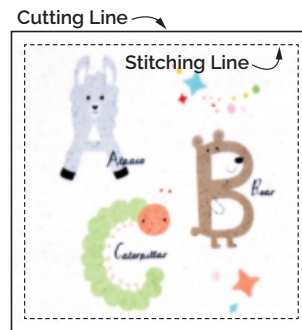
- Read *Cuddle® Basics* before beginning.

Cutting

- To cut the Front Squares, follow the Alphabet Diagram below.

1. From the B is for Bear Panel, cut:
 - 9 (10½" x 10½") Front Squares.

Note: Book pages 1–9 are used for the quilt. Consider using the remaining pages for pillows.



Alphabet Diagram

- For Backing and Sashings, follow the Cutting Diagram in the next column.

2. From the Luxe Cuddle® Glacier Simply Taupe, cut:
 - 1 (40" x 40"), Backing.
 - 12 (3½" x 10½"), Vertical Sashing.
 - 4 (3½" x 40"), Horizontal Sashing.
3. From the Luxe Cuddle® Snowy Owl, cut:
 - 4 (1¾" x 58") Binding Strips.
4. Trim batting to 42" x 42".

Assembly

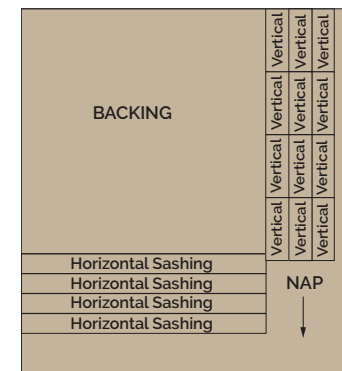
Note: The nap for Front Squares, Vertical Sashing, and Horizontal Sashing should all run down.

Make the Rows

1. Sew Vertical Sashing strips to the first three alphabet squares to form Row 1 (letters A–H).
2. Finger press the seams open.



3. In the same manner, assemble Row 2 (letters I–P) and Row 3 (letters Q–W).



Cutting Diagram

Add the Batting

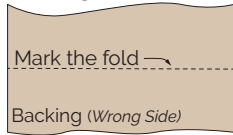
1. Smooth the batting out on a flat surface.
2. Spray baste the wrong side of the Backing and smooth it onto the batting.
3. Trim the batting to the edge of the Backing.

Note: From this point on the Batting/ Backing will be referred to simply as the "Backing."

Make the Quilt

This quilt is assembled using the Stitch-and-Flip Method. Strips are arranged and sewn directly onto the Backing—all in one step.

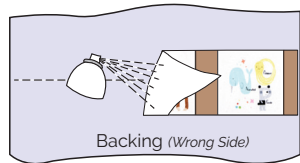
1. Find and mark the horizontal fold of the *wrong side* of the Backing.



2. With wrong sides together, center Row 2 over the horizontal line of the Backing.

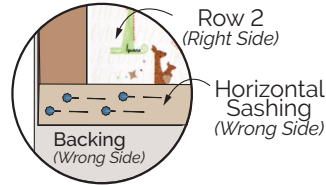
Note: The nap of the Backing and the Row should both run down.

3. Fold Row 2 back and spray baste. Smooth onto the Backing. Press to adhere. Repeat for the other half.

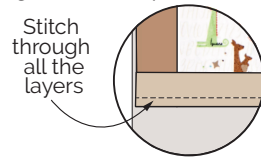


4. Align a strip of horizontal sashing, *right side up*, along the lower edge of Row 2. Have naps run in the same direction.

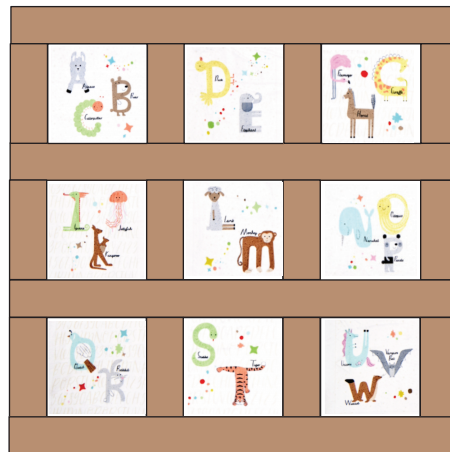
5. Flip the sashing strip up, matching raw edges of Row 2 and the horizontal sashing. Pin at the beginning, end, and center of the sashing. Then double pin between.



6. Sew the sashing strip—stitching through all the layers.



7. Using parchment paper to cover the *right side* of Row 2, spray baste the *wrong side* of the horizontal sashing strip. Flip the strip down. Smooth onto the Backing.
8. In the same manner, sew a sashing strip to the top of Row 2.



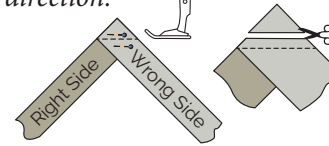
Quilt Assembly Diagram

9. Add Row 1 to the top of the quilt above the sashing strip, and Row 3 to the bottom of the quilt below the sashing strip.
10. To finish the quilt top, add the final horizontal sashing strips to the top and the bottom.
11. Square up the quilt and trim to approximately 39" x 39".

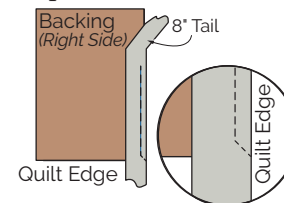
Binding

1. Pin Binding strips, right sides together, on the diagonal. Sew between the pins. Trim seam allowance to 1/2".

Note: Have the nap of the Binding strips all go in the same direction.

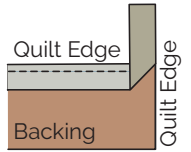


2. Starting halfway down one side and leaving an 8" tail, pin the right side of the Binding strip to the Backing.
3. With a 1/2" seam allowance, sew Binding strip until 1/2" from the corner. Stop with the needle down.

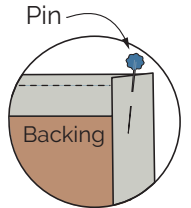


4. Lift the presser foot and pivot the quilt. Sew off the corner at a 45° angle. Remove and clip the threads.

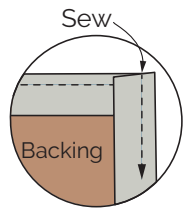
5. Rotate quilt 90° counterclockwise. Fold Binding straight up, aligned with the next cut edge to form the miter.



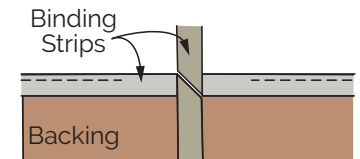
6. Maintaining the miter, fold strip down to align with the next edge. Pin at the corner.



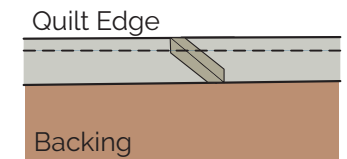
7. Starting at the miter, sew Binding to the second edge, again stopping 1/2" before the corner. Create another miter.



8. Continue in this manner until 8" from the start.
9. Fold Binding tails at 45° angles where the strips meet. Mark the angles. Pin, then sew along the marked lines. Trim seam to 1/2".

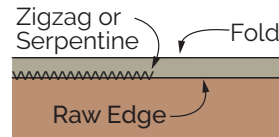


10. Sew the remaining Binding edge.



- Flip quilt so the front side is up.
- With the Binding snugly against the edge, fold it to the front.
- Match raw edge of Binding to previous stitching line. Use fabric clips to hold the Binding in place.

- Topstitch on the right side, using a 4x4mm zigzag or serpentine stitch.
Note: Stitch with the needle coming down just left of the raw edge.



- Use a stiletto to fluff fibers from the topstitching.

B is for Bear Pillow

Approximate Finished Size: 14" x 14"

DIRECTIONS

One pillow can be made with the extra Backing/Sashing fabric. For more pillows, purchase additional fabric for the sashing and backing.

Cutting + Preparation

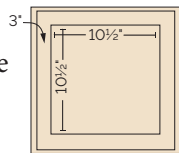
For each pillow

- From the B is for Bear Panel, cut:
 - 1 (10½" x 10½"), *Pillow Center*
- From the Luxe Cuddle® Glacier Simply Taupe, cut:
 - 2 (3" x 10½"), *Side Borders.*
 - 2 (15½" x 3"), *Top/Bottom Borders.*
 - 1 (15½" x 10"), *Upper Pillow Back.*
 - 1 (15½" x 4"), *Lower Pillow Back.*
- From batting, cut:
 - 1 (18" x 18") square.

Assembly

Make the pillow top

- Draw a 10½" square centered on the batting.
- Draw additional lines 3" beyond the square.



- Spray baste the back of the 10½" Pillow Center. Smooth onto the square marked on the batting
- Align the right Side Border along the Pillow Center edge. Have naps run in the same direction.
- Flip the Border onto the Pillow Center, matching the raw edges. Pin the beginning, end, and center of the Border, then double pin between the pins.

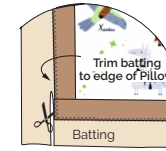


- Sew to the Pillow Center.
- Cover the Pillow Center with parchment paper. Spray baste the wrong side of the Border, flip it back onto the batting, and smooth in place.

- In the same manner, sew the Left Border.

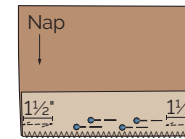
Note: The borders should align with the outer drawn line.

- Complete the pillow top by adding the Top and Bottom Borders.
- Zigzag around the outer edge.
- Trim completed Pillow top with batting to 14½" x 14½".

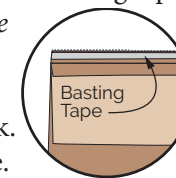


Make the pillow back

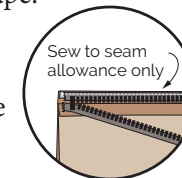
- Align the Back pieces with the naps in the same direction.
- Prepare edges for the zipper tape with a zigzag or serged stitch.
- Flip the Lower Back onto the Upper Back, right sides together.
- Pin and sew a 1½" seam at both ends. Backstitch at both ends.



- Fold the Upper Back down behind the Lower Back, leaving the seam allowance standing.
- Add double-sided basting tape to the *right side* of the seam allowance of the Upper Back. Press to adhere.



- Place the *right side* of the zipper to the basting tape.
- Sew zipper tape to the seam allowance of the Upper Back.



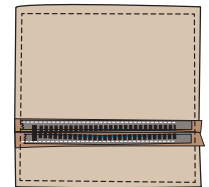
*Note: Zipper tape is sewn **only** to the seam allowance.*

- In the same manner, add a line of basting tape to the right side of the seam allowance of the Lower Back.
- Press the other side of the zipper tape to the basting tape. Again, sew the zipper to the seam allowance only.

Finishing

- Open the zipper halfway.
Note: The pillow will be turned right side out through the zipper opening.
- With right sides together, pin the corners of the Pillow Front to the corners of the Back. Continue to pin around the perimeter.
Note: Pin halfway between the corner pins, then double-pin between those pins. Pin a lot.

- Sew Back to the Front. Pivot at the corners with the needle down.



- Turn the pillow right side out through the zipper opening.
- Gently push out the corners with a point turner.
- Insert a pillow form or stuff as desired.