

# Daydream Quilt

Approximate Finished Size: 42" x 54"

Cascading colors within chic black and white borders create a striking modern quilt. Stitch+Flip construction (also known as "Quilt-as-You-Go") makes it easy—even for those new to sewing with Cuddle®.

## Fabric Requirements

- ¼ yard each of eight colors of Cuddle® 3; *Front Strips*
  - Opal      – Electric Blue
  - Seafoam   – Royal Blue
  - Azure      – Amethyst
  - Peacock   – Jewel
- ¼ yard, Cuddle® 3 Snow, *Inner Borders*
- 1 yard Luxe Cuddle® Marble Black, *Outer Borders, Binding*
- 1½ yards Cuddle®, *Backing; shown here in Azure*

## Suggested Notions

- Batting, *Crib size (or 45" x 60")*
- 90/14 stretch machine needle
- Polyester thread
- Felt tip marker or ballpoint pen
- Rotary cutter and mat
- Micro-serrated scissors and/or craft knife
- Long, flower head pins
- Fabric clips
- Stiletto
- Basting spray
- Parchment paper or newsprint, *to prevent overspray*
- Walking foot



For a Sew Together Tuesday episode on making a quilt using the Stitch+Flip method, scan the QR code at the left. or go to: <https://bit.ly/3LNtGhz>



The information in this pattern is presented in good faith. Every effort has been taken to assure the accuracy herein.

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# Daydream Quilt

BASICS  
Stitch+Flip



# Cuddle® Basics

**IF THIS IS YOUR FIRST TIME** with Cuddle®—or your tenth!—these simple guidelines will make your sewing experience a pleasure.

1. Seam allowances are ½" unless otherwise noted.
2. Mark measurements on the wrong side of Cuddle® with a felt tip marker or ballpoint pen.
3. Cut Cuddle® with a rotary cutter, craft knife, or micro-serrated scissors.
4. Shake cut pieces or put in a no-heat dryer with a damp washcloth for a few minutes to remove loose fibers.
5. Sew with polyester thread in the top and the bobbin.
6. Reduce presser foot pressure when sewing multiple layers.
7. Increase stitch length to 3–4 mm.
8. Double pin by using 2 rows of pins—the first row every 1½" along the seam line and a second row 1" to the left and parallel to the cut edge.
9. Backstitch at the beginning and end of each seam.
10. If possible, use a walking foot. It makes a difference!

## Suggested Tools for Working with Cuddle®

- Machine needle:
  - 90/14 stretch needle
- Polyester thread
- Felt tip marker
- Ballpoint pen
- Rotary cutter and mat
- Micro-serrated scissors
- Craft knife
- Long, flower head pins
- Fabric clips
- Stiletto
- Point turner
- Basting spray
- Walking foot

## How to Wash Cuddle®

- Machine wash on gentle with cool water. (Do not use fabric softener!)
- Machine dry on low heat for about ten minutes.
- Hang until dry.



# Daydream Quilt

Approximate Finished Size: 42" x 54"

## DIRECTIONS

- Read *Cuddle® Basics* before beginning.

## Cutting

1. From Jewel, Amethyst, Royal Blue, Electric Blue, Peacock, Azure, Seafoam, and Opal, cut:
  - 1 (6" x 29") *Front Strip*. (8 total)
2. From the Cuddle® 3 Snow, cut:
  - 3 (2½" x width of fabric) strips.
 From 1 strip, cut:
  - 2 (2½" x 29"), *Top/Bottom Inner Borders*.
 From the other strips, cut:
  - 2 (2½" x 44")\*, *Side Inner Borders*.
3. From Luxe Cuddle® Black, cut:
  - 2 (6" x 32"), *Top/Bottom Outer Borders*.
  - 2 (6" x 54")\*, *Side Outer Borders*.
  - 4 (1¾" x 58"), *Binding Strips*.
4. Trim Backing to:
  - 44" x 58" (With nap going down)

## Make Quilt Top

### Prepare the batting

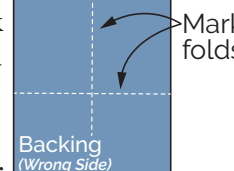
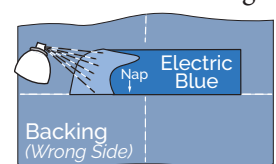
1. Spread batting on a flat surface.
2. Center and smooth the Backing, right side up, onto the batting. Spray baste Backing to batting. *Note: Check both sides for wrinkles before continuing.*
3. Trim batting to edges of Backing. *Note: Once the batting is spray basted to the Backing, it will be referred to simply as the Backing.*

\* *Side borders are cut to exact length. You may want to cut them longer to allow for piecing variations.*

## Assemble the center section

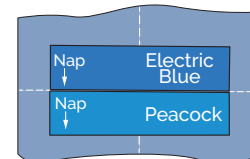
*Note: This quilt is assembled using the Stitch+Flip Method. Strips are assembled and sewn directly onto the Backing—all in one step.*

*All naps need to be running down.*

1. Find and mark horizontal and vertical folds on wrong side of the Backing. 
2. Fold the Electric Blue Strip in half vertically. Mark the fold on the wrong side.
3. Center the Electric Blue Strip with the lower edge aligned with horizontal mark and matching the vertical mark on the Backing.
4. Fold Electric Blue Strip back and spray baste. Smooth onto Backing. Press to adhere. Repeat for the other half. 

5. Align the Peacock Strip, *right side up*, along the bottom edge of the Electric Blue Strip. Have naps run in the same direction.

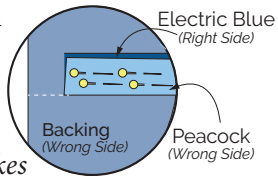
*Note: By first placing the Peacock Strip right side up below the Electric Strip, it is easier to position accurately.*



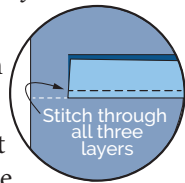
- Flip the Strip up, matching the raw edges with the Electric Blue Strip. Pin at the beginning, end, and center of the Strips. Then double pin between.

*Note:*

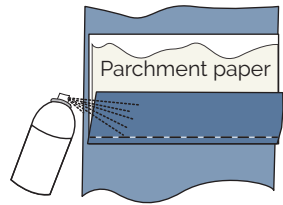
*Frequent pinning takes time, but prevents the Cuddle® from shifting as you sew. In the long run, it will save time and frustration.*



- Sew the strip—stitching through all three layers.



- Using parchment paper to cover the right side of the Electric Blue Strip, spray baste the wrong side of the Peacock Strip.



- Flip the Strip down and smooth onto the Backing.

*Note: To keep strips smooth, read "Avoid Making Molehills" at right.*

- In the same manner, sew the Royal Blue Strip to the Electric Blue Strip, and the Azure Strip to the Peacock Strip.

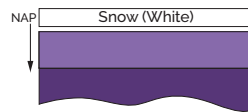
*Note: All naps should run down.*

- Follow the Assembly Diagram to add the remaining strips.
- Stitch the outer edge of the center section with a 4x4mm zigzag.

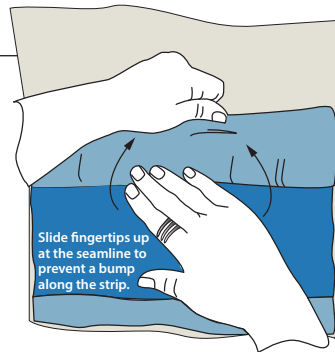
### Add the Inner Borders

- Place a white Top Inner Border along the Jewel Strip.

*Note: Have the nap of the Top and Bottom Inner Borders run down.*



- Flip the Border onto the Jewel Strip, matching the raw edges.
- As before, double pin at the beginning, end, and center of the Inner Border. Then double pin between.
- Sew the Inner Border to the Jewel Strip, sewing through the Border, Jewel Strip, and Backing.



### Avoid Making Molehills!

"Molehills" is the cute name given for the bump that forms when the strip is not smoothed to the backing correctly.

#### TO AVOID MOLEHILLS

At the seamline, use fingertips to smooth the spraybasted strip from the stitching line up and onto the backing.

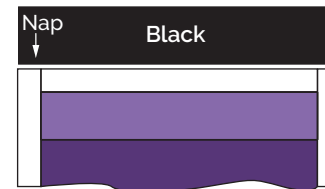
Look! No molehills!

- With parchment paper covering the top strips, spray baste the wrong side of the white Inner Border. Flip up and smooth onto the Backing.

- In the same manner, add the white Bottom Inner Border.
- Complete the Inner Border by adding the white Side Borders.
- Zigzag the outer edge of the Inner Borders to the Backing.

### Add the Outer Borders

- Place the black Top Outer Border along the top of the Inner Border.
- Note: Have the nap of the Top and Bottom Outer Border run down.*



- Flip the Border onto the Inner Border, matching the raw edges.
- Double pin at the beginning, end, and center of the top border. Then double pin between.
- Sew the top Outer Border to the Inner Borders (Top and Side), sewing through Inner Borders, and Backing.
- With parchment paper covering previous section, spray baste the wrong side of the Outer Border. Flip up and smooth onto the Backing.

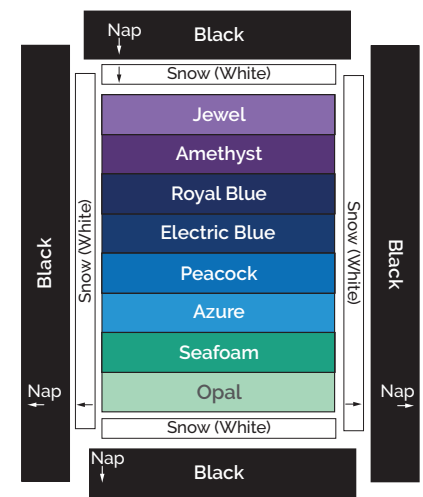
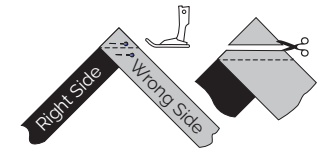
- In the same manner add the bottom Outer Border and the side Outer Borders.
- Note: Have the nap of the side Outer Borders run toward the outer edge.*

- Zigzag the outer edge of the Outer Borders to the Backing.
- Square up the quilt. Trim to approximately 42" x 54".

### Binding

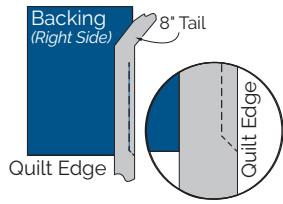
- Pin Binding strips, right sides together, on the diagonal. Sew between the pins. Trim seam allowance to 1/2".

*Note: Have the nap of the Binding strips all go in the same direction.*



ASSEMBLY DIAGRAM

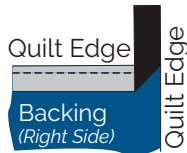
- Starting halfway down one side and leaving an 8" tail, pin the right side of the Binding strip to the Backing.



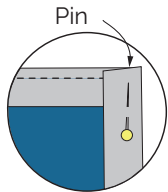
- With a 1/2" seam allowance, sew the Binding strip until 1/2" from corner. Stop with the needle down.

- Lift the presser foot and pivot the quilt. Sew to the edge at a 45° angle. Remove and clip the threads.

- Rotate quilt 90° counterclockwise. Fold Binding straight up, forming the miter.

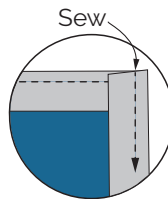


- Maintaining the miter, fold strip down to align with the next edge.



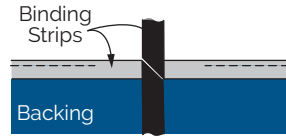
- Pin at the corner.

- Starting at the miter, sew the Binding to the second edge, again stopping 1/2" before the corner. Create another miter.

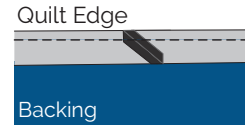


- Continue in this manner until 8" from the start.

- Fold Binding tails at 45° angles where the strips meet. Mark the angles. Pin, then sew along the marked lines. Trim seam to 1/2".



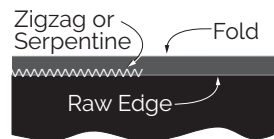
- Sew the remaining Binding edge.



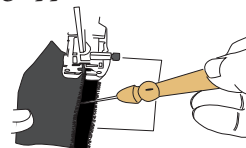
- Flip quilt so the front side is up. With the Binding snugly against the edge, fold it to the front.

- Match raw edge of Binding to previous stitching line. Use pins or fabric clips to hold in place.

- Topstitch on the right side, using a 5x5mm zigzag or serpentine stitch. Stitch with needle coming down just left of the raw edge.



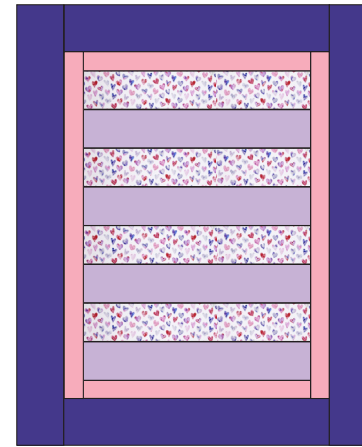
*Note: To keep the stitches straight as the binding approaches the foot, use a stiletto to hold it in place.*



- To soften the edge, use a stiletto to fluff fibers from the topstitching.

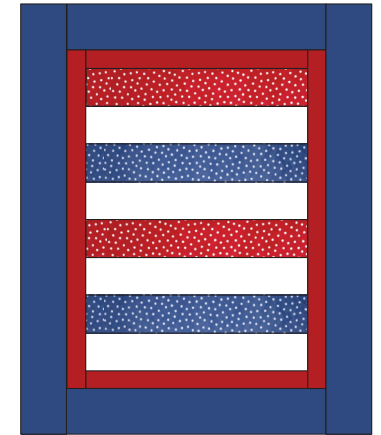
## Design Your Own

*Make it your own! The Daydream Quilt can easily be adapted to showcase some of your favorite Cuddle® prints or for incorporating some scraps from previous projects. Stitch+Flip construction makes it easy!*



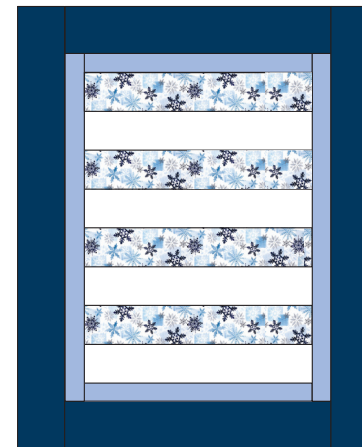
**Valentine Dream**

*Heart Hues Cuddle® Multi  
Lavender • Dusty Rose • Viola*



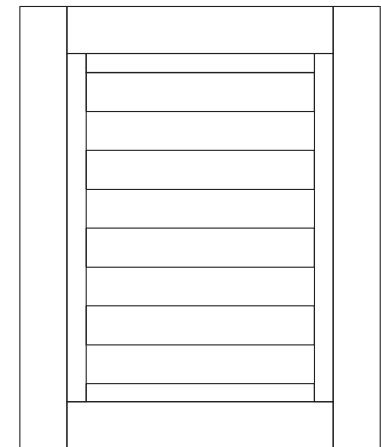
**Patriotic Dream**

*Dot Cuddle®: Scarlet + Jeans  
Cuddle® 3: Scarlet, Jeans, Snow*



**Winter Dream**

*Snowfall Cuddle® Navy  
Cuddle® Snow • Cuddle® Sky  
Luxe Cuddle® Twilight*



**DESIGN YOUR OWN!**