

Binding with Cuddle®

Most quilts and blankets need a binding. Follow this step-by-step guide to successfully add a beautiful Cuddle® binding to your next project.

Fabric Requirements

- Number of binding strips as recommended by your pattern:
 - Cut Cuddle® binding strips to 1¾" x 58-60".
 - *Recommended for binding:*
Cuddle®3 or Luxe Cuddle® Heather, Hide, or Willow.

Notions

- 90/14 stretch machine needle
- Polyester thread
- Felt tip marker or ballpoint pen
- Rotary cutter and mat
- Micro-serrated scissors
- Craft knife
- Long, flower head pins
- Fabric clips
- Stiletto
- Basting spray
- Walking foot

On the cover: *Bambino Cuddle® Kit in Ear for You Snow.*



For a video tutorial,
scan the QR code or go to:
offers.shannonfabrics.com/binding

The information in this pattern is presented in good faith.
Every effort has been taken to assure the accuracy herein.

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BASICS

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DIRECTIONS

Read *Cuddle® Basics* before beginning.

Cut the Binding Strips

1. Measure the perimeter of your quilt (or blanket).
2. For Binding, cut enough (1¼" x WOF*) strips from Cuddle® so that, when stitched together, the strip equals the perimeter of the quilt *plus* 12".

Example: For a quilt 30" x 40", the outside edge is 140". If the width of your Cuddle® is 60", you need 3 strips. The 3 (60") strips will be 180" long—minus a few inches for seams.

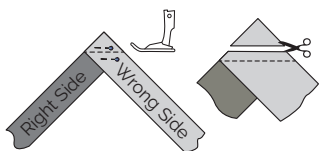
Preparing the Quilt

1. Square up and trim the quilt as described in the pattern.
2. Zigzag all layers together close to the edge to secure the edges.

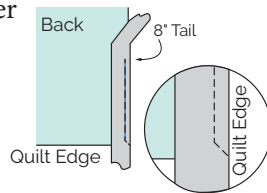
Binding

1. Arrange the binding strips so the nap all goes in the same direction.
2. Pin the Cuddle® binding strips together on the diagonal. Sew between the pins. Trim seam allowance to ½".

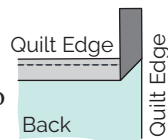
Note: If desired, mark stitching line with felt tip marker or ballpoint pen.



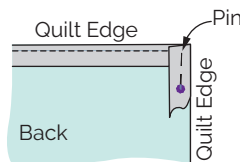
3. Starting halfway down one side and leaving an 8" tail, pin (or fabric clip) the right side of the binding strip to the quilt backing.
4. With a ½" seam allowance, sew binding strip until ½" from the corner. Stop with needle down.
5. Lift the presser foot and pivot the quilt. Sew to the quilt edge at a 45° angle. Remove the quilt and clip the threads.



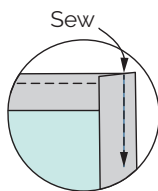
6. Rotate the quilt 90° to the left. Fold the binding straight up to form the miter.



7. Maintaining the miter, fold the strip down to align with the next edge. Pin at the corner.

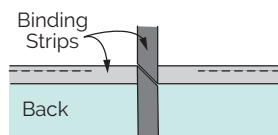


8. Starting at the miter, sew binding to the second edge, again stopping ½" before the corner. Create a miter at this corner.

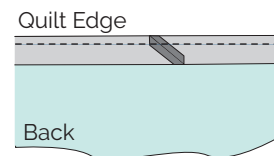


9. Continue in this manner until 8" from the start.

10. Fold binding ends at 45° where the strips meet.



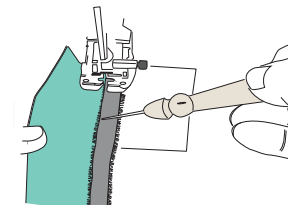
11. Mark where the angles meet. Pin, then sew along the marked lines. Trim the seam to ½".
12. Sew the remaining binding to the quilt edge.



13. Flip the quilt so the top side is up. With the binding snugly against the edge, fold it over to the top. Match raw edge of the binding to previous stitching line.

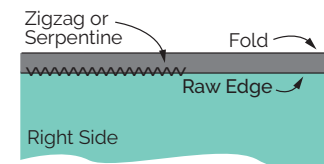
14. Pin or use fabric clips to hold the binding in place.

15. To keep the stitches straight as the binding approaches the foot, use a stiletto to hold it in place.



16. Topstitch on right side, using a 4x4mm zigzag or serpentine stitch.

Note: Stitch with needle coming down just left of the raw edge.



17. To soften the finish, use a stiletto to fluff the fibers from the topstitching.

Cuddle® Basics

1. Seam allowances are ½" unless otherwise noted.
2. Mark measurements on reverse side of Cuddle® with a felt tip marker or ballpoint pen.
3. Cut with a rotary cutter, craft knife, or scissors.
4. Shake cut pieces or put in a no-heat dryer with a damp washcloth for a few minutes to remove loose fibers.
5. Sew with polyester thread in the top and the bobbin.

6. Reduce presser foot pressure when sewing multiple layers.
7. Increase stitch length to 3–4 mm.
8. Double pin by using 2 rows of pins—the first row every 1½" along the seam line and a second row 1" to the left and parallel to the cut edge.
9. Backstitch at the beginning and end of each seam.
10. Use an even-feed or walking foot, if possible. It makes a difference!



* WOF = Width of Fabric. Cuddle® is 58"–60" wide.