

Aloha Appliqué Quilt

Approximate Finished Size: 52" x 64"

Bright colors and a dramatic design are combined with glorious appliqués and a self-binding construction. Add this splash of the islands to your home.

Fabric Requirements – For quilt and pillow

From Cuddle® 3

- 1½ yards Aqua (light aqua), *Center Panel*
- 1 yard Mandarin (orange), *Flower, Borders*
- ½ yard Snow (white), *Flowers, Blossoms*
- ½ yard Fuchsia (hot pink), *Flowers*
- ¾ yard Jade (lime green), *Leaves*
- 12" x 12" Lemon (yellow), *Stamens*

From Luxe Cuddle®

- 2 yards Luxe Cuddle® Frost Breeze, *Backing*

Suggested Notions

- Woven, fusible interfacing, *such as Pellon SF101 (Shape-Flex)*
- Water-soluble topping, *such as Sulky Solvy*
- Twin-size batting, plus 20" square for pillow
- Polyester fiberfill or 18" x 18" pillow form
- Template plastic or card stock, 8" x 8"
- 90/14 stretch machine needle
- Polyester thread: *orange, magenta, yellow, lime green*
- Felt tip marker or ballpoint pen
- Rotary cutter and mat
- Micro-serrated scissors and/or craft knife
- Long, flower head pins and/or fabric clips
- Basting spray
- Walking foot

Pattern designed by Renee Johnson for Shannon Fabrics.



For more information on doing appliqué with Cuddle®, watch this episode of Sew Together Tuesday. Scan the QR code or go to: youtube.com/watch?v=F5pOknWJLqQ&t=661s



The information in this pattern is presented in good faith. Every effort has been taken to assure the accuracy herein.

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95.AAQ



Aloha Appliqué Quilt



**BONUS
PATTERN
INCLUDED!**

Coordinating
Appliqué
Pillow

Cuddle® Basics

IF THIS IS YOUR FIRST TIME with Cuddle®—or your tenth!—these simple guidelines will make your sewing experience a pleasure.

1. Seam allowances are ½" unless otherwise noted.
2. Mark measurements on the wrong side of Cuddle® with a felt tip marker or ballpoint pen.
3. Cut Cuddle® with a rotary cutter, craft knife, or micro-serrated scissors.
4. Shake cut pieces or put in a no-heat dryer with a damp washcloth for a few minutes to remove loose fibers.
5. Sew with polyester thread in the top and the bobbin.
6. Reduce presser foot pressure when sewing multiple layers.
7. Increase stitch length to 3–4 mm.
8. Double pin by using 2 rows of pins—the first row every 1½" along the seam line and a second row 1" to the left and parallel to the cut edge.
9. Backstitch at the beginning and end of each seam.
10. If possible, use a walking foot. It makes a difference!

Suggested Tools for Working with Cuddle®

- Machine needle:
 - 90/14 stretch needle
- Polyester thread
- Felt tip marker
- Ballpoint pen
- Rotary cutter and mat
- Micro-serrated scissors
- Craft knife
- Long, flower head pins
- Fabric clips
- Stiletto
- Point turner
- Basting spray
- Walking foot

How to Wash Cuddle®

- Machine wash on gentle with cool water.
(Do not use fabric softener!)
- Machine tumble on no heat for about ten minutes.
- Hang until completely dry.



Aloha Appliqué Quilt

Approximate Finished Size: 52" x 64"

DIRECTIONS

- Read *Cuddle® Basics* before beginning.

Cutting

To make cutting the appliques more manageable, Cuddle® is first cut into squares or rectangles.

Cut and label the following:

Using Cuddle® 3

1. From Snow (*white*), cut:
 - 2 (12" x 12"), *Flowers*.
 - 8 (6" x 6"), *Blossoms*.
2. From Fuchsia (*hot pink*), cut:
 - 2 (12" x 12"), *Flowers*.
3. From Mandarin (*orange*), cut:
 - 1 (12" x 12"), *Flower*.
 - 2 (6" x 47"), *Top/Bottom Borders*.
 - 2 (6" x 49"), *Side Borders*.
4. From Lemon, cut:
 - 5 (1½" x 6"), *Stamens*.
5. From Jade (*lime green*), cut:
 - 1 (8" x 12"), *Large Leaf*.
 - 3 (6" x 10"), *Medium Leaves*.
 - 3 (5" x 9"), *Small Leaves*.
6. From Aqua, cut:
 - 1 (37" x 49"), *Center Panel*.

Using Luxe Cuddle®

- From Frost Breeze, cut:
- 1 (58" x 70") *Backing*.

Batting

- Trim batting to 62" x 74".

Prepare the Templates

1. Enlarge each template at 200%.
2. Cut out each template.

Prepare and cut the appliques

1. Trace each template onto the non-fusible side of the interfacing.
2. So the nap will run down, fuse interfacing to the back of the Flower, Stamen, and Leaf applique Cuddle® squares/rectangles.

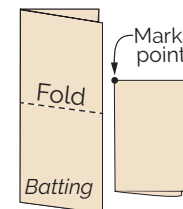
Note: Use a medium-low heat—Polyester or Synthetic setting on most irons. Test first.

3. Cut out the appliques using micro-serrated scissors.
4. Set appliques aside.

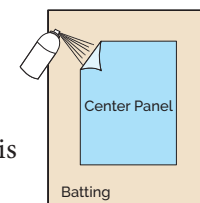
Quilt Assembly

Center the Background

1. Find center point of batting by folding it in half, and then into quarters. Mark the point.
2. In the same way, find the center of the light aqua Center Panel.
3. Matching the center point marks, smooth the Center Panel onto the batting.



4. Lift the Center Panel in sections. Spray baste each section and smooth onto the batting until the entire panel is basted.



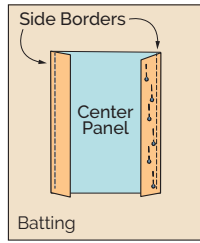
Add the borders

1. Place an orange Side Border to the right of the Center Panel.

Note: The nap of the Center Panel will run down. The orange Borders will run to the side edges.

2. Flip the Border onto the Center Panel, matching the raw edges.

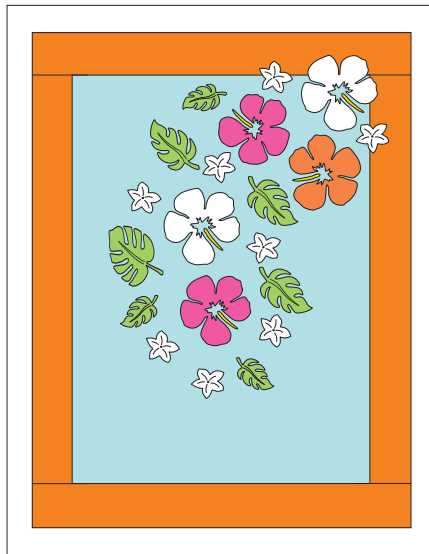
3. Double pin at the beginning, end, and center of the right Side Border. Then double pin between.



Note: Frequent pinning takes time, but prevents the Cuddle® from shifting as you sew. In the long run, you'll save time and frustration.

4. Sew the right Side Border to the Center Panel.

Note: Stitch through the Side Border, Center Panel, and batting.



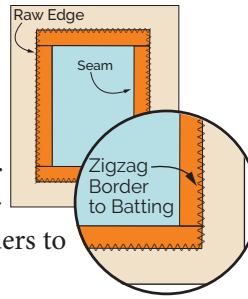
Placement Diagram

5. With parchment paper covering the Center Panel, spray baste the wrong side of the Side Border. Flip over and smooth onto the batting.

6. In the same manner, add the left Side Border.

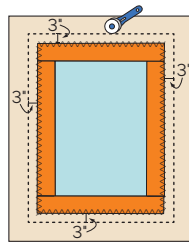
7. Complete the top by adding the Top and Bottom Borders.

8. Zigzag the outer edge of the Borders to the batting.



Trim the batting

1. On the batting, mark a line 3" beyond the raw edge of each Border.
2. Trim the batting to this line.



Add the appliques

1. Arrange the Flower appliques on the quilt top as shown in the Placement Diagram.
Note: It's easier to accurately place the leaves and Blossoms once the large Flowers are in place.
2. Arrange the other appliques as shown—or place them on the quilt to your liking!
3. Record the placement by taking a digital photo or marking with a fabric-safe marker.

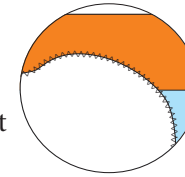
Note: While it is not absolutely necessary to precisely determine the layout before beginning to stitch the appliques, pre-planning helps keep the overall arrangement balanced.

4. Spray baste the back of one of the large white Flowers. Smooth onto the quilt top in the upper right corner.

Note: We recommend both arranging and appliquéing the Flowers first, then the Stamens, then filling in with Blossoms and leaves.

5. Tape water-soluble topper over the appliqué.

6. Attach appliqué with a 3x3mm zigzag or blanket stitch.



Note: Match the thread color to the color of the appliqué. (Thread is shown here in black for clarity.)

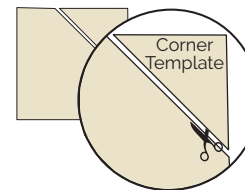
7. In the same manner, spray baste, smooth in place, and stitch the remaining appliques.

Note: When turning corners or at sharp angles, stop with the needle down before adjusting the fabric.

Finishing

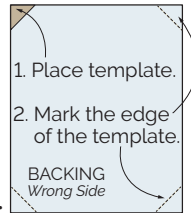
Make the corner template

1. Print out the Corner Template at 200%.
2. Trace the on the template plastic or card stock.
3. Cut on the line to create the Corner Template.



Make the corners

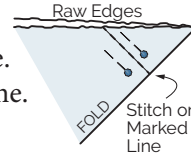
1. Place the Corner Template on the wrong side of the Backing.
2. In each corner, mark the diagonal line of the template.



Note: Marked line is a stitching line. Do not cut on this line!

3. Right sides together, fold the corner on the diagonal, matching the marked line.

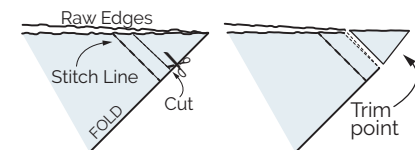
4. Pin on both sides of the line. Stitch on the line.



5. Pin and stitch remaining corners.

6. Turn the corners right side out. Check if the miters lie flat. If so, flip the corner back to wrong side out and trim the seam allowance to 1/2".

Note: If the corners do not lie flat, check that the marked lines match. Restitch if necessary.

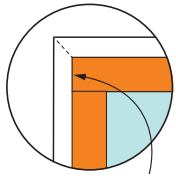


Finishing

Add the appliqué quilt top

1. Smooth the Backing, wrong side up, on a large, flat surface.
2. Wrong sides together, center and smooth the quilt top onto the Backing.

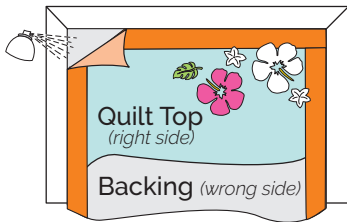
- Tuck quilt edges under the frame formed by the mitered corners.



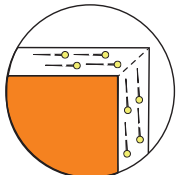
Tuck quilt edges under the frame.

- Pull back and spray baste wrong side of the quilt top a section at a time. Smooth the edges under the frame and pat to adhere the basting spray.

Note: Use parchment paper to protect the right side of adjacent pieces.

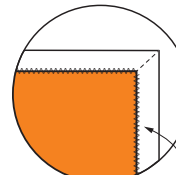


- Double pin edges through all layers, parallel to the raw edge.



Double Pin Parallel to Raw Edge

- Using a wide, 5x5mm zigzag, stitch the raw edge of the border around quilt.



Zigzag Stitch

Note: If using Cuddle® 3 for the Backing, use a blanket or serpentine stitch for a finished look. If using Luxe Cuddle®, a zigzag stitch works best.

Aloha Appliqué Pillow

Finished Size: 16" x 16"

DIRECTIONS

Using Cuddle® 3

- From Aqua (*light aqua*), cut:
 - 1 (13" x 13"), *Pillow Center*.
 - 1 (17" x 17"), *Pillow Back*.
- From Mandarin (*orange*), cut:
 - 2 (3" x 17"), *Top/Bottom Borders*.
 - 2 (3" x 13"), *Side Borders*.
- From Fuchsia (*magenta*), cut:
 - 1 (16" x 16"), *Flower*.
- From Lemon (*yellow*), cut:
 - 1 (8" x 2"), *Stamen*.
- From the fusible interfacing, cut:
 - 1 (16" x 16"), *for Flower*.
 - 1 (8" x 2"), *for Stamen*.

Prepare the Templates

- Enlarge the Pillow Flower and Pillow Stamen templates @ 200%.
- Cut out each template.

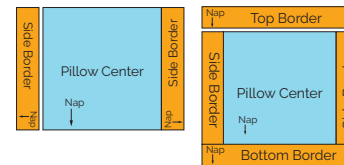
Cut the Appliqué Pieces

- Trace Flower and Stamen appliques onto the non-fusible side of the cut fusibles.
- Placed so the naps will run down, fuse the interfacing to the back of the aqua and lemon Cuddle® pieces. *Note: Use a medium-low heat—Polyester or Synthetic setting on most irons. Test first.*
- Use micro-serrated scissors to cut out the Flower and Stamen appliques. Set aside.

Make the Pillow Top

Add the Borders to the Pillow Center. Additional techniques on adding borders and appliques are in the quilt instructions.

- Sew Side Borders to the Pillow Center. Press seams open.
- Add the Top and Bottom borders. Press seams open.



Add the appliqué

- Spray baste the back of the pieced top. Smooth onto a 20" x 20" square of batting.
- Spray baste the back of the stabilized Flower appliqué.
- Arrange on the pillow front as shown in the photo.
- Matching top thread color to the appliqué, attach Flower with a 3x3mm zigzag or blanket stitch. *Note: When turning corners or at sharp angles, stop with the needle down before adjusting fabric.*
- In the same manner, spray baste, smooth in place, and stitch the Stamen appliqué.

Assembly

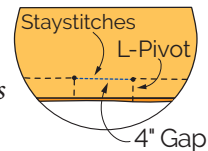
- Trim the batting to the edge of the pillow top.



- Mark a 4" turning gap on bottom edge of the Pillow Front.
- Staystitch between the marks. Staystitch a corresponding gap on the Pillow Back.

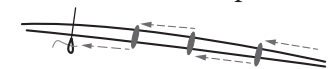
Note: Mark an 8" gap if using a pillow form.

- Sew the Back to the Front, leaving the turning gap open. Sew L-Pivots at the gap.



Note: The L-Pivots secure seam ends as the pillow is turned and helps the seam allowance turn in at the gap.

- Turn pillow right side out. Stuff as desired or insert pillow form.



- Pin the turning gap closed. Hand sew with a ladder stitch.

Ladder Stitch: Use polyester thread and a hand sewing needle to catch one side of the opening, then the other. Tighten every few stitches.

ALOHA APPLIQUÉ QUILT

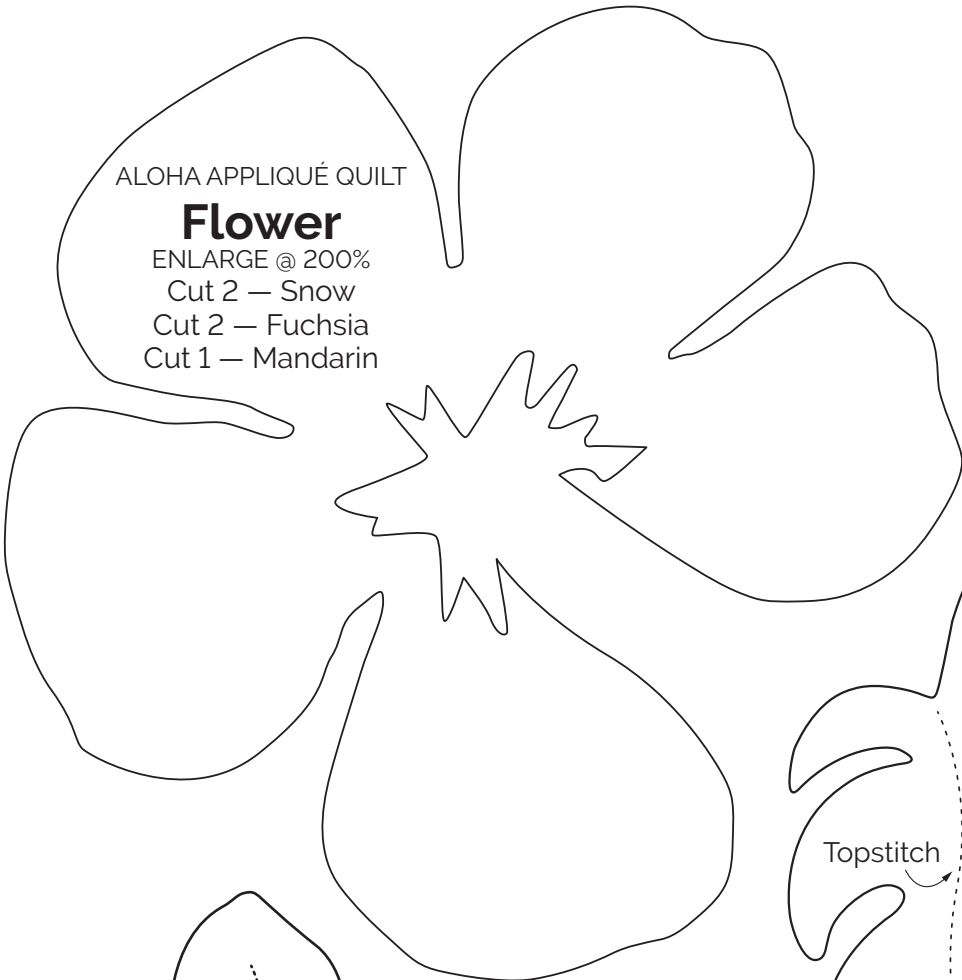
Flower

ENLARGE @ 200%

Cut 2 – Snow

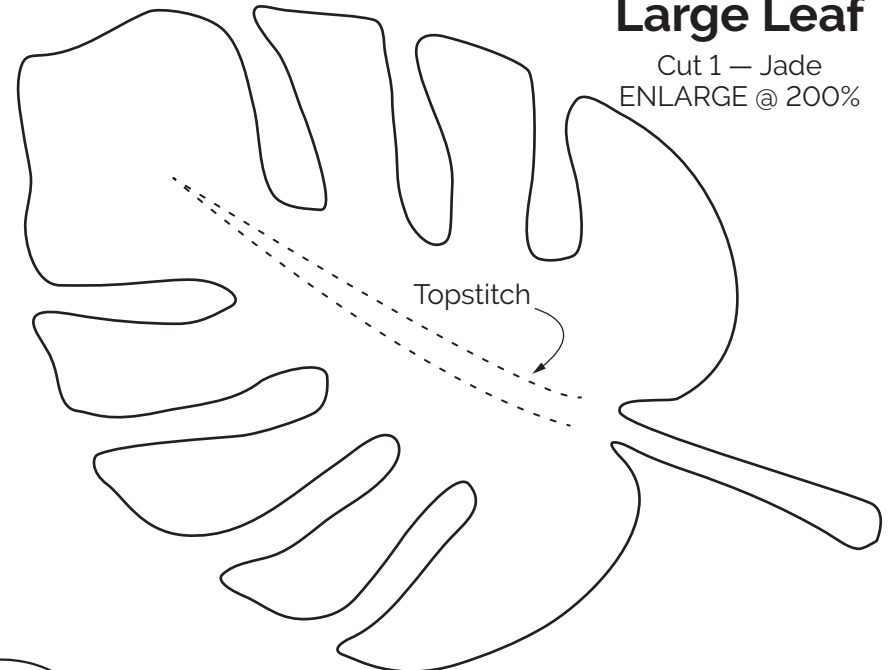
Cut 2 – Fuchsia

Cut 1 – Mandarin



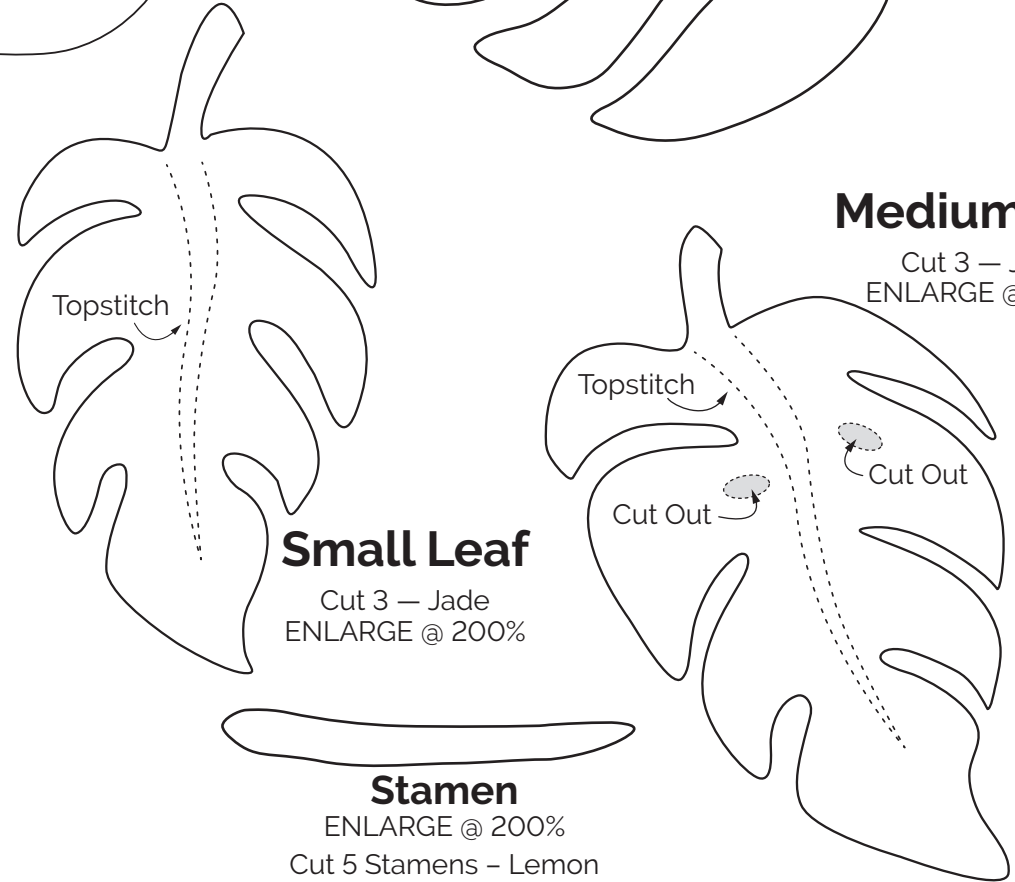
Large Leaf

Cut 1 – Jade
ENLARGE @ 200%



Medium Leaf

Cut 3 – Jade
ENLARGE @ 200%



Small Leaf

Cut 3 – Jade
ENLARGE @ 200%

Stamen

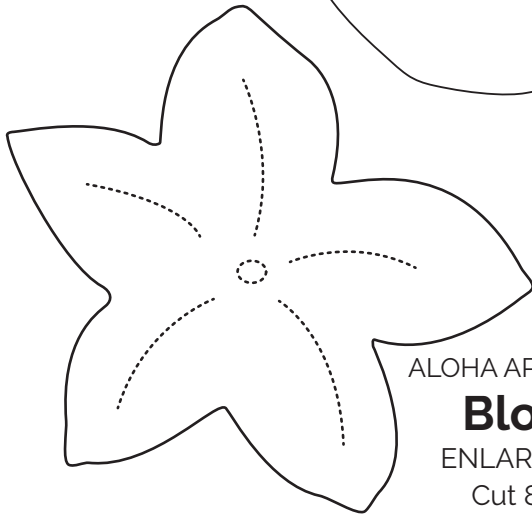
ENLARGE @ 200%
Cut 5 Stamens – Lemon

ALOHA APPLIQUÉ QUILT

Blossom

ENLARGE @ 200%

Cut 8 – Snow



Templates for Pillow Flower & Stamen Appliqués

*Note: The Pillow appliqués
are larger than those
for the quilt.*

ALOHA APPLIQUÉ PILLOW
Flower — Pillow

ENLARGE @ 200%

FOR PILLOW
Cut 1 — Fuchsia

Stamen — Pillow

ENLARGE @ 200%
Cut 1 - Lemon

**Corner
Template**

Print @ 200%

Cut 1 — From Cardstock
or Template Plastic