

Fabulous Five Quilt

Approximate Finished Size: 42" x 58"

Quilt your way to success. Quilt top is assembled using *Stitch-and-Flip* construction—a great technique even if you are new to working with *Cuddle*®.

Fabric Requirements

- ¾ yard Main Fabric, *Center Panel, Edge Strips*
Recommended: Cuddle® Digital Print
- ½ yard Fabric A, *Strips & Binding*
- ¼ yard Fabric B, *Strips*
- ⅜ yard Fabric C, *Strips*
- 1¼ yards, *Backing*

Suggested Notions

- 90/14 stretch machine needle
- Polyester thread
- Felt tip marker or ballpoint pen
- Rotary cutter and mat
- Micro-serrated scissors and/or craft knife
- Long, flower head pins
- Fabric clips
- Stiletto
- Basting spray
- Parchment paper or newsprint, *to prevent overspray*
- Walking foot

On the cover: Luxe Cuddle® in Pony Brown Sugar, Hide Truffle, Snowy Owl Natural, and Glacier Chocolate



For more information making a quilt using the *Stitch-and-Flip* method, tune in to this episode of *Sew Together Tuesday*. Scan the QR code or go to: <https://bit.ly/3LNtGhz>



The information in this pattern is presented in good faith. Every effort has been taken to assure the accuracy herein.

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Shannon
FABRICS
Making The World A Softer Place

Fabulous Five Quilt



Cuddle® Basics

IF THIS IS YOUR FIRST TIME working with Cuddle®—or your tenth!—these simple guidelines will make your sewing experience a pleasure.

1. Seam allowances are ½" unless otherwise noted.
2. Mark measurements on the wrong side of Cuddle® with a felt tip marker or ballpoint pen.
3. Cut Cuddle® with a rotary cutter, craft knife, or micro-serrated scissors.
4. Shake cut pieces or put in a no-heat dryer with a damp washcloth for a few minutes to remove loose fibers.
5. Sew with polyester thread in the top and the bobbin.
6. Reduce presser foot pressure when sewing multiple layers.
7. Increase stitch length to 3–4 mm.
8. Double pin by using 2 rows of pins—the first row every 1½" along the seam line and a second row 1" to the left and parallel to the cut edge.
9. Backstitch at the beginning and end of each seam.
10. If possible, use a walking foot. It makes a difference!

Suggested Tools for Working with Cuddle®

- Machine needle: 90/14 stretch needle
- Polyester thread
- Felt tip marker
- Ballpoint pen
- Rotary cutter and mat
- Micro-serrated scissors
- Craft knife
- Long, flower head pins
- Fabric clips
- Stiletto
- Point turner
- Basting spray
- Walking foot

How to Wash Cuddle®

- Machine wash on gentle with cool water. (Do not use fabric softener!)
- Machine dry on low heat for about ten minutes.
- Hang until dry.



Fabulous Five Quilt

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DIRECTIONS

- Read *Cuddle® Basics* before beginning.
- *Cuddle® Tips + Tools* and alternate design ideas are on PAGE FOUR.

Cutting

From Main Fabric, cut:

- 1 (14" x 58"), *Center Panel*.
- 2 (6" x 58"), *Edge Strips*.

1. From Fabric A, cut:

- 4 (2½" x 58"), *Fabric A Strips*.
- 4 (1¾" x WOF*), *Binding*.

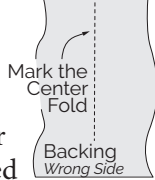
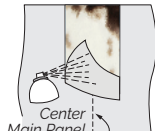
2. From Fabric B, cut:

- 4 (2½" x 58"), *Fabric B Strips*.

3. From Fabric C, cut:

- 2 (5" x 58"), *Fabric C Strips*.

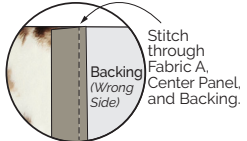
Assembly

1. Fold Backing in half vertically. Mark fold on the wrong side. 
2. Center the 14" Center Panel over the marked line, wrong sides together. *Note: Have naps of Center Panel and Backing run in the same direction.*
3. Fold the Center Panel in half and spray baste. Smooth onto Backing. Press to adhere. Spray baste the other half. 

4. Place a 2½" Fabric A Strip, *right side up*, along the right edge of the Center Panel. Have naps run in the same direction.

5. Flip the Strip over, matching the raw edges. 

6. Double pin at beginning, end, and center of the Strips. Then double pin between those points.

7. Sew the Strip, stitching through all three layers. 

8. Using parchment paper to protect the *right side* of the Center Panel, spray baste the *wrong side* of the Fabric A Strip. Flip strip down and smooth onto the Backing. Sew another Fabric A Strip to the left side.

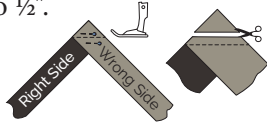
9. Following the *Assembly Chart* on the following page, and keeping the naps running in the same direction, sew the following Strips to the right and left:
 - 2½" Fabric B
 - 5" Fabric C
 - 2½" Fabric B
 - 2½" Fabric A
 - 6" Edge Strips.

* WOF = Width of Fabric

Binding

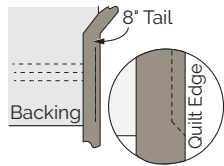
1. Trim quilt edges as necessary and square up to 42" x 58".
2. Pin Binding strips, right sides together, on the diagonal. Sew between the pins. Trim seam allowance to 1/2".

Note: Have the nap of all strips go in the same direction.



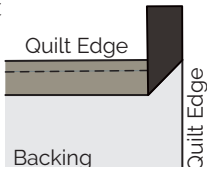
3. Starting halfway down one side and leaving an 8" tail, pin the right side of the Binding strip to the Backing.

4. Using a 1/2" seam allowance, sew the Binding strip until 1/2" from corner. Stop with needle down.

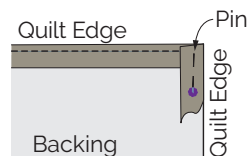


5. Lift presser foot and pivot the quilt. Sew to the corner at a 45° angle. Remove the quilt and clip the thread.

6. Turn quilt 90° to the left. Fold Binding straight up to form the miter.

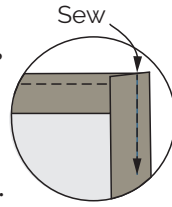


7. Maintaining the miter, fold Binding down to align with the next edge.



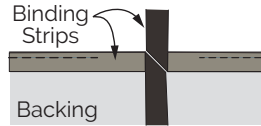
8. Pin at the corner.

9. Starting at the miter, sew Binding to the edge, again stopping 1/2" before the corner. Create another miter.



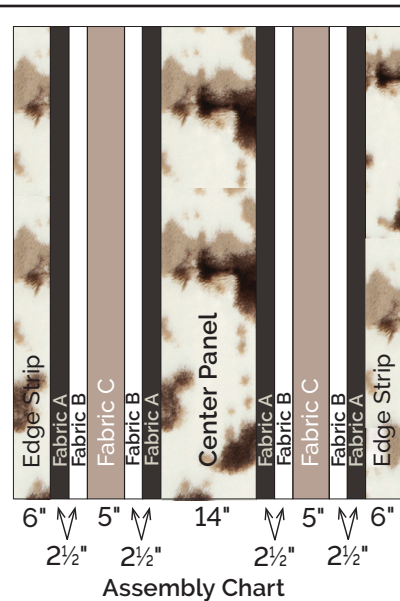
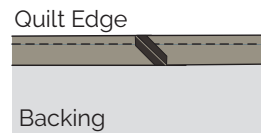
10. Continue in this manner until 8" from the start.

11. Where Binding strips meet, fold the tails at 45° angles. Mark the folds.

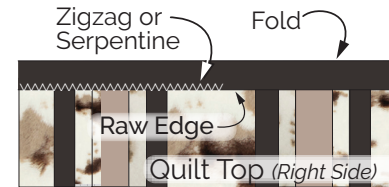


12. Pin, then sew along the marked lines. Trim the seam.

13. Sew the remaining edge of the Binding.



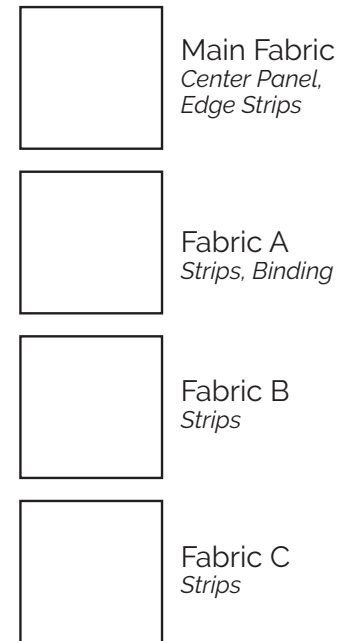
14. Flip quilt so the front is up. With Binding snugly against the edge, fold it to the front.
15. Match raw edge of the Binding to previous stitching line. Use fabric clips to hold the Binding in place.



16. Topstitch on the right side, using a 4x4mm zigzag or serpentine stitch. *Note: Stitch with the needle coming down just left of the raw edge.*
17. To soften the edge, use a stiletto to fluff fibers from topstitching.

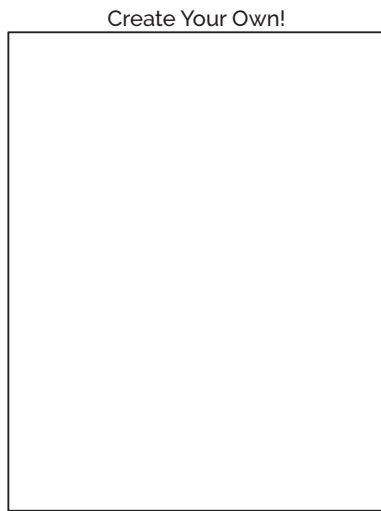
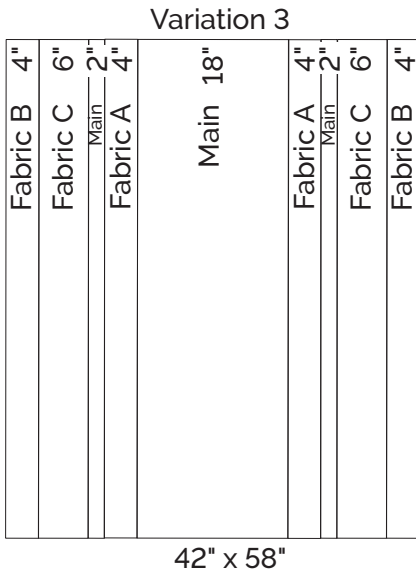
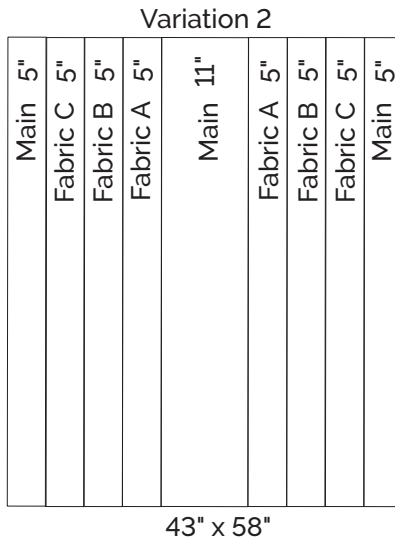
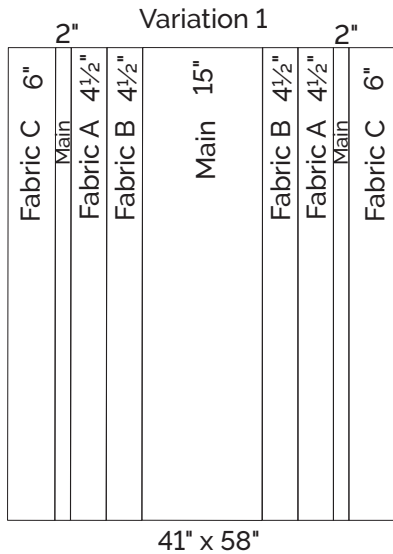
FABRIC NOTES

It's helpful to jot down your fabric choices to keep on track as you assemble the quilt. Here's the spot to do it! Pin actual fabric samples or color in the blocks to stay organized.



Make It Your Own!

Fab 5 quilts are based on variety of vertical strips. Strips can be cut in different widths and rearranged as you desire. Try one of the variations below—or design your own!



Tips + Tools

for working with Cuddle®

Mark before cutting.

Smooth Cuddle® on a flat surface—a large table, the floor, or a cutting mat. Use a permanent, felt tip marker or ballpoint pen to mark your cutting line on the back of the fabric.



Cut with the right tools.

Use a rotary cutter for Cuddle® 3 and Cuddle® Dimple. For Luxe Cuddle®, a craft knife is a better option. Cut from the wrong side to avoid cutting the fibers, and reducing Cuddle® dust.

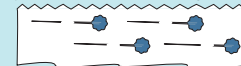


Get rid of the Cuddle® dust.

Vacuum edges as you cut, then put the cut pieces in a dryer with a damp washcloth. Tumble at low or no heat for about five minutes. All the loose fibers will end up in your lint trap!

Double pin for stability.

Pin the first row every 1½" along the cut edge and a second row 1" to the left of this row of pins. Alternate positions, but stay parallel to the edge.



Lengthen the stitch length. Lower the foot pressure.

Start with a 3mm straight stitch, increasing it if necessary. If the foot is pushing the fabric forward, lower the pressure on the foot.

Use a 90/14 stretch needle.

Since Cuddle® is a knit fabric, the best needle is 90/14 Stretch needle. Jersey and Ballpoint needles are also good choices. Universals will often result in skipped stitches.



Use a walking foot

If your machine did not come with a walking foot, we recommend getting one. A walking foot helps both layers of Cuddle® move along more smoothly. A dual-feed system will substitute for a walking foot.



Always use polyester thread.

Polyester thread has increased strength and a slight stretch. Since Cuddle® is a polyester fabric with a bit of stretch, the two work together nicely. Fill your bobbin with polyester thread, too!



Use basting spray to keep fabric in place.

Basting spray is a convenient way to keep fabric smooth and in position for sewing strips or binding. Use parchment paper or newsprint to prevent overspray.



Wash it the right way.

All Cuddle® and Luxe Cuddle® fabrics are machine washable in cool water and a low-heat. Never, ever use fabric softeners or high heat.