

Lullaby Quilt

*Approximate Finished Size: 28" x 41"
(Makes one quilt; choose from two layouts.)*

This charming quilt is a delightful project—especially for the little ones in your life. Choose between the Stitch-and-Flip or the Appliqué layout. Either one is fun and easy.

Fabric Requirements

- 1¼ yards, *Main Panel & Backing*
Recommend Cuddle® Digital Print
- ⅜ yard Fabric A, *Strips & Binding*
- ⅜ yard Fabric B, *Strips*

Suggested Notions

- 90/14 stretch machine needle
- Polyester thread
- Felt tip marker or ballpoint pen
- Rotary cutter and mat
- Micro-serrated scissors and/or craft knife
- Long, flower head pins
- Fabric clips
- Stiletto
- Basting spray
- Parchment paper or newsprint, *to prevent overspray*
- Walking foot

On the cover: Luxe Cuddle® in Pawsome Bluebell, Heather Stonewash, and Paws Navy



For more information making a quilt using the Stitch-and-Flip method, tune in to this episode of Sew Together Tuesday. Scan the QR code or go to: <https://bit.ly/3LNtGhz>

Shannon
F A B R I C S

The information in this pattern is presented in good faith.
Every effort has been taken to assure the accuracy herein.

© 2023 Shannon Fabrics Inc., 3131 S. Alameda St., Los Angeles, CA 90058
info@shannonfabrics.com | www.shannonfabrics.com | 866.624.5252

133.G.LQ.WEB



Lullaby Quilt

Cuddle® Basics

IF THIS IS YOUR FIRST TIME working with Cuddle®—or your tenth!—these simple guidelines will make your sewing experience a pleasure.

1. Seam allowances are ½" unless otherwise noted.
2. Mark measurements on the wrong side of Cuddle® with a felt tip marker or ballpoint pen.
3. Cut Cuddle® with a rotary cutter, craft knife, or micro-serrated scissors.
4. Shake cut pieces or put in a no-heat dryer with a damp washcloth for a few minutes to remove loose fibers.
5. Sew with polyester thread in the top and the bobbin.
6. Reduce presser foot pressure when sewing multiple layers.
7. Increase stitch length to 3–4 mm.
8. Double pin by using 2 rows of pins—the first row every 1½" along the seam line and a second row 1" to the left and parallel to the cut edge.
9. Backstitch at the beginning and end of each seam.
10. If possible, use a walking foot. It makes a difference!

Suggested Tools for Working with Cuddle®

- Machine needle:
 - 90/14 stretch needle
- Polyester thread
- Felt tip marker
- Ballpoint pen
- Rotary cutter and mat
- Micro-serrated scissors
- Craft knife
- Long, flower head pins
- Fabric clips
- Stiletto
- Point turner
- Basting spray
- Walking foot

How to Wash Cuddle®

- Machine wash on gentle with cool water. (Do not use fabric softener!)
- Machine dry on low heat for about ten minutes.
- Hang until dry.



Lullaby Quilt

Approximate Finished Size: 28" x 41"

DIRECTIONS

- Read *Cuddle® Basics* before beginning.

Preparation

Identify and label the Cuddle®:

- Main, 1¼ yards, *Main Panel, Main Strips, & Backing*
- Fabric A, ⅜ yard, *Strips*
- Fabric B, ⅜ yard, *Strips, Binding*

Note: Decide which version you want to make: Stitch-and-Flip or Appliqué. Follow the Quilt Top instructions for that quilt. Both quilts use the same instructions for binding.

Stitch-and-Flip

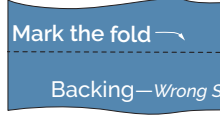

Stitch-and-Flip strips are sewn directly onto the backing—all in one step.

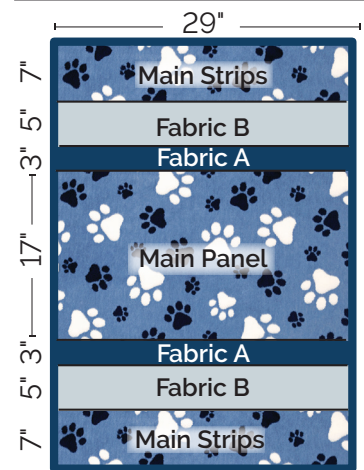
Cutting (Stitch-and-Flip Layout)

1. Cut the Main fabric in half vertically, creating:
 - 2 (29" x 45") sections.
2. From 1 Main section, cut:
 - 1 (17" x 29"), *Main Panel*.
 - 2 (7" x 29"), *Main Strips*.
3. From the other Main section, cut:
 - 1 (42" x 29"), *Backing*.
4. From Fabric A, cut:
 - 2 (3" x 29"), *Strips*.
 - 3 (1¾" x WOF*), *Binding*.
5. From Fabric B, cut:
 - 2 (5" x 29"), *Strips*.

* WOF = Width of Fabric

Assembly

1. Fold the 17" x 29" Main Panel in half horizontally. Mark the fold on the *wrong side*.
2. In the same manner, mark the horizontal fold of the *wrong side* of Backing. 
3. Center the Main Panel on the Backing, wrong sides together. Match the horizontal lines.
4. Fold the Main Panel in half and spray baste. Smooth onto the Backing. Press to adhere. Repeat on the other half. 



Stitch-and-Flip Layout

5. Place one Fabric A Strip, *right side up*, along the bottom edge of the Main Panel. Have the naps run in the same direction.

6. Flip the Strip up, matching the raw edges of the Panel and Strip.

7. Double pin at the beginning, end, and center of the Strip—then double pin between those points.

8. Sew the Strip—stitching through all three layers.

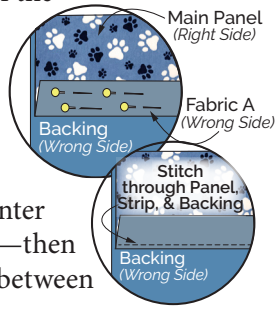
9. Using parchment paper to protect the right side of the Main Panel, spray baste the wrong side of the Fabric A Strip. Flip Strip down and smooth into place on the Backing.

10. In the same manner, sew the other Fabric A Strip to the top of the Main Panel.

11. Continue by sewing the 5" Fabric B Strips to the top and bottom.

12. Finish the quilt top by sewing the 7" Main Strips to the top and bottom. Spray baste the wrong side of the Strips and smooth into place on the Backing.

13. Jump ahead to **Finishing**.



Appliqué

Cutting (Appliqué Layout)

1. Cut the Main fabric in half vertically, creating:
 • 2 (29" x 45") sections.
 Set aside one section for Backing.

2. From the other Main section, cut:
 • 1 (27" x 29"), Main Panel.
 • 1 (7½") circle, Appliqué.

Note: Use the Half Circle template on PAGE FOUR. Cutting a motif from the print makes for a fun Appliqué. See illustration in next column.

3. From Fabric A, cut:
 • 1 (4" x 29"), Strip.
 • 3 (1¾" x WOF*), Binding.

4. From Fabric B, cut:
 • 1 (12" x 29"), Strip.

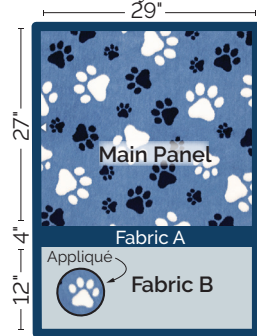
Assembly

1. Roughly align the 27" x 29" Main Panel, right side up, along the top edge of the Backing.

2. Fold back half the Main Panel. Spray baste, then smooth it onto the Backing. Press to adhere. Spray and adhere the other half.



* WOF = Width of Fabric

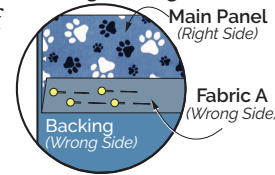


Appliqué Layout

3. Place the 4" Fabric A Strip, *right side up*, along the bottom edge of the Main Panel. Have the naps run in the same direction.

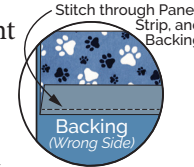
4. Flip the Strip up, matching the raw edge of the Main Panel and the Strip.

5. Double pin at the beginning, end, and center of the Strip—then double pin between those points.



6. Sew the Strip, stitching through all three layers.

7. Using parchment paper to protect the right side of the Panel, spray baste the wrong side of the Strip. Flip the Strip down. Smooth onto the Backing.



8. In the same manner, sew the 12" Fabric B Strip to the bottom of the Fabric A Strip.

9. Spray baste the wrong side of the Fabric B Strip. Flip and smooth into place.

Add the Appliqué

1. Spray baste the back of the Appliqué.
 2. Position the Appliqué as desired. Smooth onto the quilt top. Pin through all layers.

3. Zigzag or blanket stitch the edge.

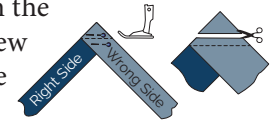


4. Continue on to **Finishing**.

FINISHING — Both Versions

1. Trim the edges as necessary and square up to 28" x 41".

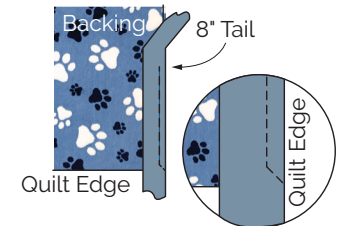
2. Pin Binding strips, right sides together, on the diagonal. Sew between the pins. Trim seam allowance to ½".



Note: Have the nap of the Binding strips all go in the same direction.

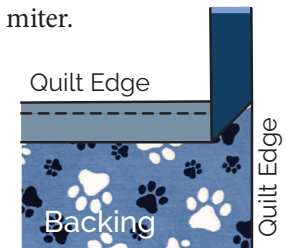
3. Starting halfway down one side and leaving an 8" tail, pin the *right side* of the Binding strip to the Backing.

4. Using a ½" seam allowance, sew the Binding strip until ½" from corner. Stop with the needle down.

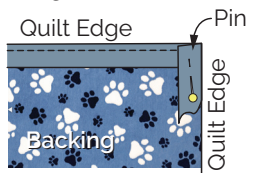


5. Lift the presser foot and pivot the quilt. Sew to the quilt corner at a 45° angle. Remove the quilt and clip the thread.

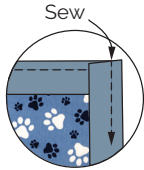
6. Rotate quilt counterclockwise. Fold the Binding straight up to form the miter.



7. Maintaining the miter, fold the Binding down to align with the next edge. Pin at the corner.

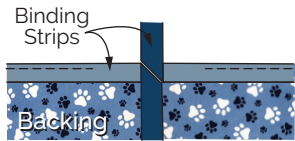


8. Starting at the miter, sew Binding to the second edge, again stopping 1/2" before the corner. Create another miter.

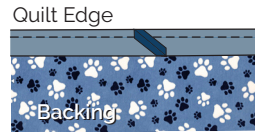


9. Continue in this manner until 8" from the start.

10. Where the Binding strips meet, fold the tails at 45° angles. Mark the folds. Pin, then sew along the marked lines. Trim seam to 1/2".



11. Sew the remaining edge of the Binding to the quilt.

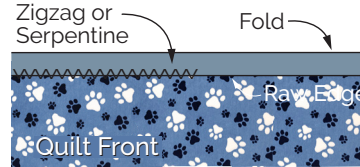


12. Flip quilt so the front side is up. With Binding snugly against the edge, fold it over to the front.

13. Match raw edge of the Binding to previous stitching line. Use fabric clips to hold the Binding in place.

14. Topstitch on the quilt top, using a 4x4mm zigzag or serpentine stitch.

Note: Stitch with the needle coming down just left of the raw edge.



15. To soften the edge, use a stiletto to fluff fibers from topstitching.

LULLABY QUILT
APPLIQUÉ

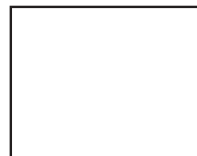
Circle Template

Trace @ 100%
Cut on fold

CUT ON FOLD

FABRIC NOTES

It's helpful to jot down your fabric choices to keep on track as you assemble the quilt. Here's the spot to do it! Pin actual fabric samples or color in the blocks to stay organized.



Main Fabric
Main Panel, Strips,
Backing



Fabric A
Strips



Fabric B
Strips

Shannon
FABRICS
Making The World A Softer Place™