

Picture Perfect

QUILT & PILLOW SET

Approximate Finished Sizes – Quilt: 38" x 58"; Pillow 18" x 18"

Make a coordinating quilt and pillow using your favorite Cuddle® fabric combinations. Quilt top is assembled using Stitch-and-Flip construction—a great technique even if you are new to working with Cuddle®.

Fabric Requirements

Choose your favorite Cuddle® fabrics and textures.

Yardage makes 1 quilt and 1 pillow.

- 1⅜ yard, Fabric A: **QUILT:** Center Panel, Strips; **PILLOW:** Pillow Panel, Backing
- ⅝ yard, Fabric B: **QUILT:** Strips, Binding; **PILLOW:** Strip
- ¼ yard, Fabric C: **QUILT:** Strips; **PILLOW:** Strip
- 1¼ yard, Quilt Backing

Additional Supplies Needed

Pillow — Polyester fiberfill or 18" pillow insert

Suggested Notions

- 90/14 stretch machine needle
- Polyester thread
- Felt tip marker or ballpoint pen
- Rotary cutter and mat
- Micro-serrated scissors and/or craft knife
- Long, flower head pins and/or fabric clips
- Stiletto
- Point turner
- Basting spray
- Parchment paper or newsprint, *to prevent overspray*
- Walking foot

On the cover: Luxe Cuddle® in Vienna Bengal Spruce, Vienna Ice, and Hide Spruce



For more information making a quilt using the Stitch-and-Flip method, tune in to this episode of Sew Together Tuesday. Scan the QR code or go to: <https://bit.ly/3LNtGhz>

Shannon
F A B R I C S

The information in this pattern is presented in good faith.
Every effort has been taken to assure the accuracy herein.

© 2023 Shannon Fabrics Inc., 3131 S. Alameda St., Los Angeles, CA 90058
info@shannonfabrics.com | www.shannonfabrics.com | 866.624.5252

132.G.PP.WEB

Shannon
F A B R I C S
Making The World A Softer Place™

Picture Perfect

QUILT & PILLOW SET



Cuddle® Basics

IF THIS IS YOUR FIRST TIME working with Cuddle®—or your tenth!—these simple guidelines will make your sewing experience a pleasure.

1. Seam allowances are ½" unless otherwise noted.
2. Mark measurements on the wrong side of Cuddle® with a felt tip marker or ballpoint pen.
3. Cut Cuddle® with a rotary cutter, craft knife, or micro-serrated scissors.
4. Shake cut pieces or put in a no-heat dryer with a damp washcloth for a few minutes to remove loose fibers.
5. Sew with polyester thread in the top and the bobbin.
6. Reduce presser foot pressure when sewing multiple layers.
7. Increase stitch length to 3–4 mm.
8. Double pin by using 2 rows of pins—the first row every 1½" along the seam line and a second row 1" to the left and parallel to the cut edge.
9. Backstitch at the beginning and end of each seam.
10. If possible, use a walking foot. It makes a difference!

Suggested Tools for Working with Cuddle®

- Machine needle:
 - 90/14 stretch needle
- Polyester thread
- Felt tip marker
- Ballpoint pen
- Rotary cutter and mat
- Micro-serrated scissors
- Craft knife
- Long, flower head pins
- Fabric clips
- Stiletto
- Point turner
- Basting spray
- Walking foot

How to Wash Cuddle®

- Machine wash on gentle with cool water. (Do not use fabric softener!)
- Machine dry on low heat for about ten minutes.
- Hang until dry.



Picture Perfect Quilt

Approximate Finished Size: 38" x 58"

DIRECTIONS

- Read *Cuddle® Basics* before beginning.

Preparation

Identify and label the Cuddle®.

A chart to record your fabric is on PAGE FOUR.

- Fabric A, 1⅞ yard
- Fabric B, ⅝ yard
- Fabric C, ¼ yard
- Backing, 1¼ yard

Cutting

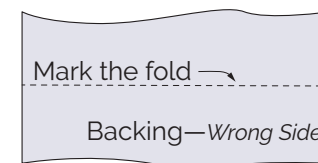
Note: When cutting strips in half lengthwise, don't worry if the strips aren't exactly the measurements stated. This project will be successful even if your sizes vary slightly.

After cutting, set aside the remaining fabric pieces for the Pillow.

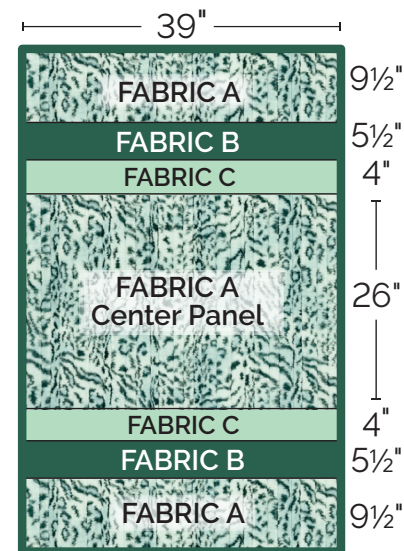
1. From Fabric A, cut:
 - 1 (26" x 39"), Center Panel.
 - 1 (19" x 39"). Cut this strip in half lengthwise, creating:
 - 2 (9½" x 39"), Fabric A Strips.
2. From Fabric B, cut:
 - 1 (11" x 39"). Cut this strip in half lengthwise, creating:
 - 2 (5½" x 39"), Fabric B Strips.
 - 4 (1¾" x WOF*) strips, Binding.
3. From Fabric C, cut:
 - 1 (8" x 39"). Cut this strip in half lengthwise, creating:
 - 2 (4" x 39"), Fabric C Strips.

Assembly

1. Fold the 26" x 39" Center Panel in half horizontally. Mark the fold on the wrong side.
2. In the same manner, find and mark the horizontal fold on the wrong side of the Backing.

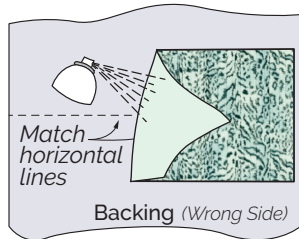


3. Align the Center Panel on the Backing, wrong sides together. Match the horizontal lines.

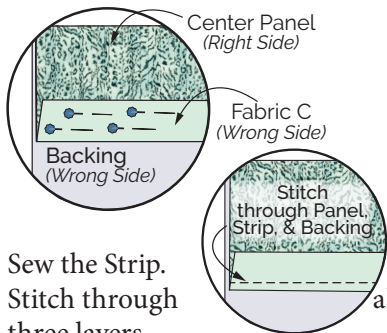


* WOF = Width of Fabric

4. Fold the Center Panel in half and spray baste. Smooth onto the Backing and press to adhere. Repeat for the other half.



5. Place one 4" Fabric C Strip, *right side up*, along the bottom edge of the Center Panel. Have naps run in the same direction.
6. Flip the Strip up, matching the raw edges of the Panel and Strip.
7. Double pin at the beginning, end, and center of the Strip—then double pin between those points.



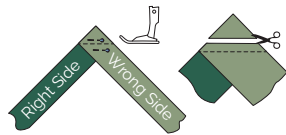
8. Sew the Strip. Stitch through all three layers.
9. Using parchment paper to cover the right side of the Center Panel, spray baste the wrong side of the Fabric C Strip. Flip Strip down and smooth into place on the Backing.
10. In the same manner, sew the other Fabric C Strip to the top of the Center Panel.

11. In the same manner, sew the 5½" Fabric B Strips to the top and bottom.
12. Finish the quilt top by sewing the 9½" Fabric A Strips to the top and bottom. Spray baste the wrong side of the Strips and smooth into place on the Backing.

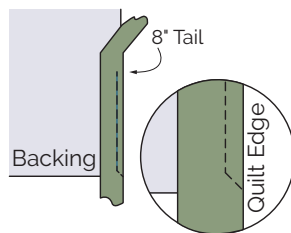
Binding

1. Trim the quilt edges as necessary and square up to 38" x 58".
2. Pin Binding strips, right sides together, on the diagonal. Sew between the pins. Trim seam allowance to ½".

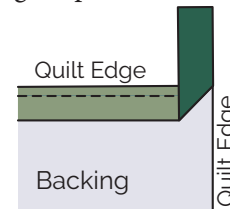
Note: Have the nap of the Binding strips all go in the same direction.



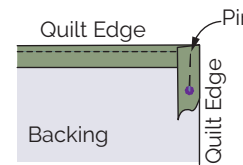
3. Starting halfway down one side and leaving an 8" tail, pin the right side of the Binding strip to the Backing.
4. Using a ½" seam allowance, sew the Binding strip until ½" from corner. Stop with the needle down.
5. Lift the presser foot and pivot the quilt. Sew to the quilt corner at a 45° angle. Remove the quilt and clip the thread.



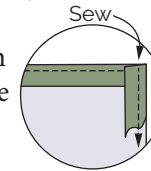
6. Rotate the quilt 90° counter-clockwise. Fold the Binding straight up to form the miter.



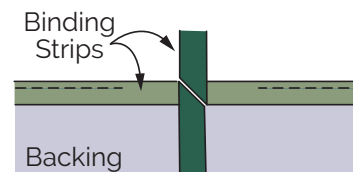
7. Maintaining the miter, fold Binding down to align with the next edge. Pin at the corner.



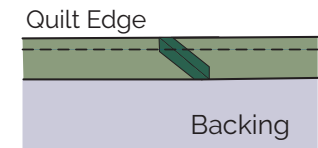
8. Starting at the miter, sew Binding to the second edge, again stopping ½" before the corner. Create another miter.



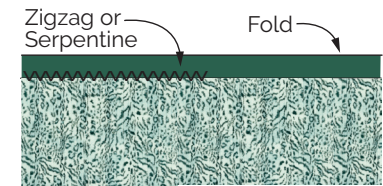
9. Continue in this manner until 8" from the start.
10. Where the Binding strips meet, fold the tails at 45° angles. Mark the folds. Pin, then sew along the marked lines. Trim seam allowance to ½".



11. Sew the remaining edge of the Binding to the quilt.



12. Flip quilt so the front side is up. With Binding snugly against the edge, fold it over to the front.
13. Match raw edge of the Binding to previous stitching line. Use fabric clips to hold the Binding in place.
14. Topstitch on the quilt top, using a 4x4mm zigzag or serpentine stitch. *Note: Stitch with the needle coming down just left of the raw edge.*
15. To soften the edge, use a stiletto to fluff fibers from topstitching.



Picture Perfect Pillow

Approximate Finished Size: 18" x 18"

DIRECTIONS

- Read *Cuddle® Basics* before beginning.

Cutting

From the extra *Cuddle®* fabric pieces, cut:

Pillow Front

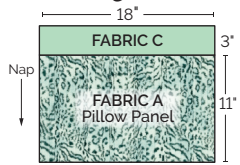
- Fabric A, 1 (11" x 18").
- Fabric B, 1 (6" x 18").
- Fabric C, 1 (3" x 18").

Pillow Back

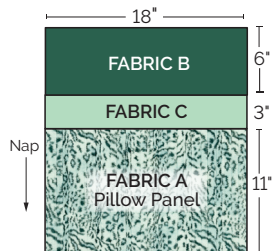
- Fabric A, 1 (18" x 18").

Assembly

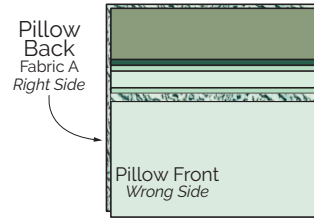
1. With naps going in the same direction, sew a Fabric C Strip to the top edge of the Pillow Panel rectangle.



2. To complete the Pillow Front, sew the Fabric B Strip to the top of the Fabric C Strip.



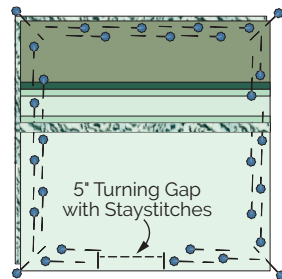
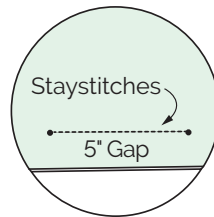
3. Finger press seams open.
4. With right sides together, place the pieced Pillow Front onto the Fabric A Pillow Back.



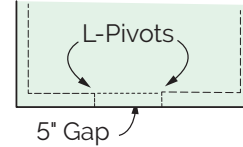
5. On the bottom edge of the Pillow Front, mark a 5" turning gap. Mark a corresponding 5" gap on the Pillow Back.

Note: If using a pillow insert, mark a 10" gap.

6. Staystitch between the marks on both the Pillow Front and Back.
7. Pin at the corners, then double pin along the edges.

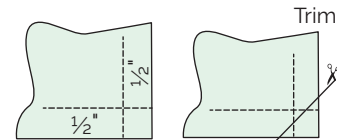


8. Sew around the Pillow, leaving the turning gap open. Sew L-Pivots at the gap.



Note: L-Pivots secure the seam ends as the pillow is turned and help the seam allowance turn in at the gap.

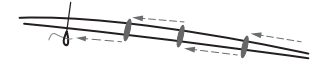
9. Trim the corners. Take care not to clip through the stitching.



10. Turn the pillow right side out. Use a point turner to gently push out the corners.

11. Stuff the pillow with polyester fiberfill or the pillow insert.

12. Pin the turning gap closed. Hand sew with a ladder stitch.



Ladder Stitch: Use polyester thread and a hand sewing needle to catch one side of the opening, then the other. Tighten every few stitches.

FABRIC NOTES

It's helpful to jot down your fabric choices to keep on track as you assemble the quilt. Here's the spot to do it! Pin actual fabric samples or fill in the blocks with colored pencils to stay organized.

