

Wee One Quilt

Approximate Finished Size: 27" x 27"

Choose a fun Cuddle® print, then add some coordinating cozy colors. In no time at all, you'll have a delightful baby quilt. Simple Stitch-and-Flip construction makes this a great first project—even if you are new to working with Cuddle®.

Fabric Requirements

- 1 yard Main Fabric, *Center Panel and Backing*;
Recommended: Cuddle® Digital Print
- 3/8 yard Fabric A, *Strips*
- 3/8 yard Fabric B, *Strips*
- 1/4 yard Fabric C, *Binding*

Suggested Notions

- 90/14 stretch machine needle
- Polyester thread
- Felt tip marker or ballpoint pen
- Rotary cutter and mat
- Micro-serrated scissors and/or craft knife
- Long, flower head pins
- Fabric clips
- Stiletto
- Point turner
- Basting spray
- Parchment paper or newsprint, *to prevent overspray*
- Walking foot

On the cover: Luxe Cuddle® in Dalmatian, Pawsome Steel, Tuscany Scarlet, and Ziggy Black



For more information making a quilt using the Stitch-and-Flip method, tune in to this episode of Sew Together Tuesday. Scan the QR code or go to: <https://bit.ly/3LNtGhz>



The information in this pattern is presented in good faith. Every effort has been taken to assure the accuracy herein.

© 2023 Shannon Fabrics Inc., 3131 S. Alameda St., Los Angeles, CA 90058
info@shannonfabrics.com | www.shannonfabrics.com | 866.624.5252

136.G.WOQ.WEB



Wee One Quilt

Cuddle® Basics

IF THIS IS YOUR FIRST TIME working with Cuddle®—or your tenth!—these simple guidelines will make your sewing experience a pleasure.

1. Seam allowances are ½" unless otherwise noted.
2. Mark measurements on the wrong side of Cuddle® with a felt tip marker or ballpoint pen.
3. Cut Cuddle® with a rotary cutter, craft knife, or micro-serrated scissors.
4. Shake cut pieces or put in a no-heat dryer with a damp washcloth for a few minutes to remove loose fibers.
5. Sew with polyester thread in the top and the bobbin.
6. Reduce presser foot pressure when sewing multiple layers.
7. Increase stitch length to 3–4 mm.
8. Double pin by using 2 rows of pins—the first row every 1½" along the seam line and a second row 1" to the left and parallel to the cut edge.
9. Backstitch at the beginning and end of each seam.
10. If possible, use a walking foot. It makes a difference!

Suggested Tools for Working with Cuddle®

- Machine needle:
 - 90/14 stretch needle
- Polyester thread
- Felt tip marker
- Ballpoint pen
- Rotary cutter and mat
- Micro-serrated scissors
- Craft knife
- Long, flower head pins
- Fabric clips
- Stiletto
- Point turner
- Basting spray
- Walking foot

How to Wash Cuddle®

- Machine wash on gentle with cool water. (Do not use fabric softener!)
- Machine dry on low heat for about ten minutes.
- Hang until dry.



Wee One Quilt

Approximate Finished Size: 27" x 27"

DIRECTIONS

- Read *Cuddle® Basics* before beginning.
- *Cuddle® Tips & Tools* and alternate design ideas are on PAGE FOUR.

Cutting

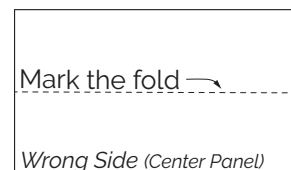
Label the pieces as they are cut.

1. Cut the Main Fabric in half vertically, creating:
 - 2 (29" x 36") sections.
 - Trim one Main section to:
 - 29" x 29", *Backing*.
 - Trim other Main section to:
 - 13" x 29", *Center Panel*.
2. From Fabric A, cut:
 - 4 (2½" x 29"), *Fabric A Strips*.
3. From Fabric B, cut:
 - 2 (5" x 29"), *Fabric B Strips*.
4. From Fabric C, cut:
 - 3 (1¾" x WOF*), *Binding*.

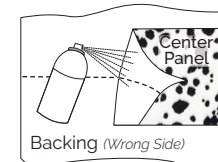
Assembly

- *This quilt is assembled using the Stitch-and-Flip Method. Strips are sewn together directly onto the Backing—all in one step.*
- *Arrange all strips with the nap going in the same direction.*

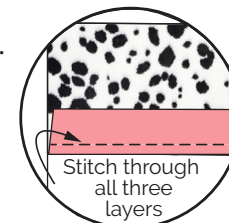
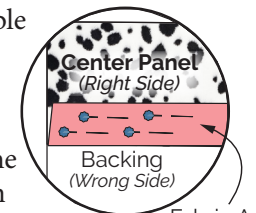
1. Fold the 13" x 29" Center Panel in half horizontally. Mark the fold on the wrong side.



2. In the same way, find and mark the horizontal fold of the wrong side of the Backing.
3. With wrong sides together and matching the horizontal lines, place the Center Panel on the Backing.
4. Fold the Center Panel in half and spray baste. Smooth it onto the Backing. Press to adhere. Repeat for the other half.

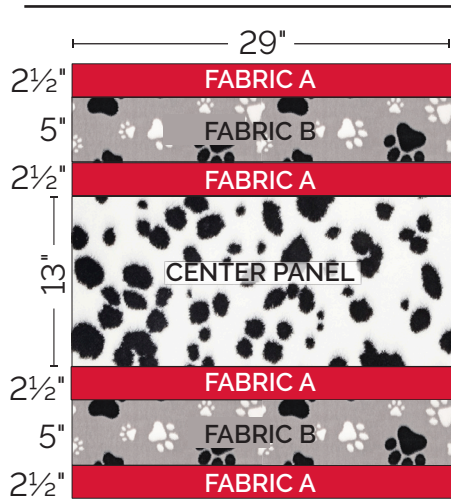


5. Place a 2½" Strip of Fabric A, right side up, along the bottom edge of the Center Panel. Have naps run in the same direction.
6. Flip the strip up, matching the raw edges of the Panel and the Strip. Double pin at the beginning, end, and center of the strip—then double pin the remainder of the strip.
7. Sew the Strip—stitching through all three layers.



* WOF = Width of Fabric

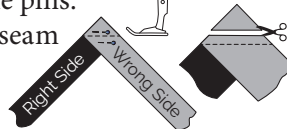
- Using parchment paper to cover the right side of the Center Panel, spray baste the wrong side of the Fabric A Strip. Flip strip down and smooth into place on the Backing.
- In the same manner, pin, sew, and baste a 2½" Strip of Fabric A to the top of the Central Panel.
- Following the Assembly Chart below, add a 5" Fabric B Strip to the top and bottom of the quilt.
- Complete the top by sewing the remaining 2½" Fabric A Strips to the top and bottom of the quilt. Spray baste the wrong side of the Strips. Flip, and smooth into place on the Backing.
- Trim the edges and square up to approximately 27" x 27".



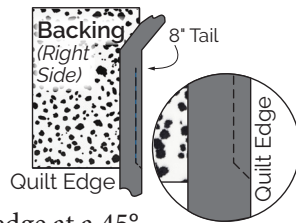
Assembly Chart

Binding

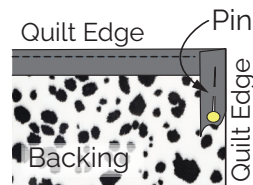
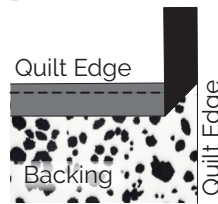
- Pin Binding strips, right sides together, on the diagonal. Sew between the pins. Trim each seam allowance to ½".
Note: Have the nap of the Binding strips go in the same direction.
- Starting halfway down one side and leaving an 8" tail, pin the right side of the Binding strip to the Backing.
- Using a ½" seam allowance, sew the Binding strip until ½" from corner. Stop with the needle down.



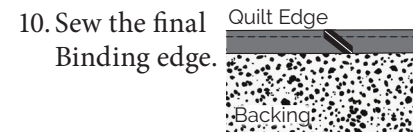
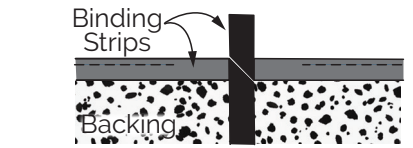
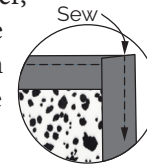
- Lift the presser foot and pivot the quilt. Sew to the quilt edge at a 45° angle. Remove the quilt and clip the threads.



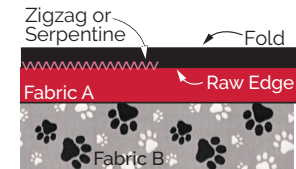
- Rotate quilt counterclockwise. Fold Binding straight up to form the miter.
- Maintaining the miter, fold strip down to align with the next edge. Pin at the corner.



- Starting at the miter, sew Binding to the second edge, again stopping ½" before the corner. Create another miter.
- Continue in this manner until 8" from the start.
- Where the strips meet, fold the Binding tails at 45° angles. Mark the folds. Pin, then sew along the marked lines. Trim seam to ½".



- Flip quilt so the front side is up. Fold the Binding snugly over to the front. Match raw edge of Binding to previous stitching line. Use fabric clips to hold the Binding in place.
- Topstitch on the right side, using a 4x4mm zigzag or serpentine stitch.
Note: Stitch with the needle coming down just left of the raw edge.



- To soften the edge, use a stiletto to fluff fibers from topstitching.

FABRIC NOTES

It's helpful to jot down your fabric choices to keep on track as you assemble the quilt. Here's the spot to do it! Pin actual fabric samples or color in the blocks to stay organized.

	Main Fabric Center Panel & Backing
	Fabric A Narrow Strips
	Fabric B Wide Strips
	Fabric C Binding

Make It Your Own!

Wee Ones quilts are based on a variety of horizontal strips. Strips can be cut in different widths and rearranged as you desire. Try one of the variations below—or design your own!

Variation 1

Main	5"
Fabric A	2½"
Fabric B	5"
Fabric A	2½"
Main	5"
Fabric A	2½"
Fabric B	5"
Fabric A	2½"
Main	5"

27" x 27"

Variation 2

Main	5"
Fabric A	5"
Fabric B	2½"
Fabric A	2½"
Main	5"
Fabric A	2½"
Fabric B	2½"
Fabric A	5"
Main	5"

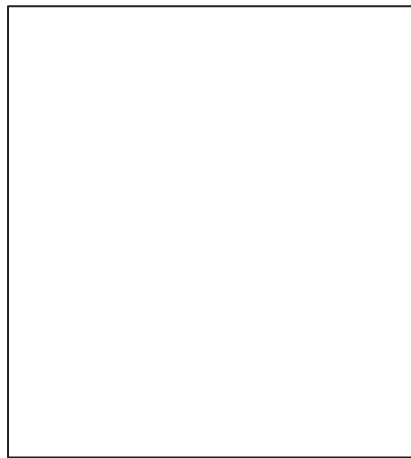
27" x 27"

Variation 3

Main	5"
Fabric B	5"
Main	5"
Fabric A	5"
Main	5"
Fabric B	5"
Main	5"

27" x 29"

Create Your Own!



Tips + Tools

for working with Cuddle®

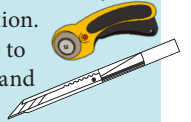
Mark before cutting.

Smooth Cuddle® on a flat surface—a large table, the floor, or a cutting mat. Use a permanent, felt tip marker or ball point pen to mark your cutting line on the back of the fabric.



Cut with the right tools.

Use a rotary cutter for Cuddle® 3 and Cuddle® Dimple. For Luxe Cuddle®, a craft knife is a better option. Cut from the wrong side to avoid cutting the fibers, and reducing Cuddle® dust.

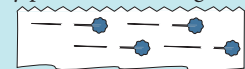


Get rid of the Cuddle® dust.

Vacuum edges as you cut, then put the cut pieces in a dryer with a damp washcloth. Tumble at low or no heat for about five minutes. All the loose fibers will end up in your lint trap!

Double pin for stability.

Pin the first row every 1½" along the cut edge and a second row 1" to the left of this row of pins. Alternate positions, but stay parallel to the edge.



Lengthen the stitch length. Lower the foot pressure.

Start with a 3mm straight stitch, increasing it if necessary. If the foot is pushing the fabric forward, lower the pressure on the foot.

Use a 90/14 stretch needle.

Since Cuddle® is a knit fabric, the best needle is 90/14 Stretch needle. Jersey and Ballpoint needles are also good choices. Universals will often result in skipped stitches.



Use a walking foot

If your machine did not come with a walking foot, we recommend getting one. A walking foot helps both layers of Cuddle® move along more smoothly. A dual-feed system will substitute for a walking foot.



Use basting spray to keep fabric in place.

Basting spray is a convenient way to keep fabric smooth and in position for sewing strips or binding. Use parchment paper or newsprint to prevent overspray.



Always use polyester thread.

Polyester thread has increased strength and a slight stretch. Since Cuddle® is a polyester fabric with a bit of stretch, the two work together nicely. Fill your bobbin with polyester thread, too!



Wash it the right way.

All Cuddle® and Luxe Cuddle® fabrics are machine washable in cool water and a low-heat. Never, ever use fabric softeners or high heat.